AN ANXIETY AND DEFENSE MECHANISM ON THE MAIN CHARACTER
OF THE MACHINIST FILM

A Thesis
Submitted to Letters and Humanities Faculty
In Partial Fulfillment of the Requirements for the Degree of Strata One

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The thesis entitled “An Anxiety and Defense Mechanism on the Main Character of *The Machinist* Film” has been defended before the Letters and Humanities Faculty’s Examination Committee on February, 02 2010. The thesis has already been accepted as a partial fulfillment of the requirement for the Strata One degree.

Jakarta, February 02, 2010

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ABSTRACT

Novi Anggraini, *An Anxiety and Defense Mechanism on the Main Character of The Machinist Film*. Thesis. Jakarta, Department of English Literature, Faculty of Adab and Humanities, Syarif Hidatatullah Islamic State University, January 2010.

The research is aimed to know the anxiety with psychological problems and the defense mechanisms on main character in the film. The writer uses a qualitative descriptive method in this research in which the data is collected from the dialogue in the script and some pictures in the film then analyzed by psychoanalysis theory of Sigmund Freud.

From the analysis the writer finds that the main character’s personality moves from equilibrium to disequilibrium condition after he experiences a hit and run accident event. There are conflicts in his mind when he is in disequilibrium condition that creates an anxiety with psychological problems in his personality. The main character has moral anxiety that is a guilty feeling that effects to his body and personality. Then his anxiety is developed into psychological problems that are chronic insomnia, obsessive compulsive disorder, paranoid personality disorder, and posttraumatic stress disorder. The main character also shows the defense mechanisms of undoing, projection, and repression to cover his anxiety and move into his equilibrium condition again.

The conclusion of the film that the writer has analyzed is this film attempts to show about the defense mechanisms on the main character, which operates and makes him into his consciousness so that he can remember about hit and run accident event, which has created an anxiety in his personality.
ACKNOWLEDGMENT

All praises belong to Allah, the most gracious, the most merciful and the greatest creator that always gives the writer blessing and helping so that this paper could be finished. Peace be upon to dear prophet Muhammad SAW that has brought us to lighten then to all of his friends and followers.

The writer would like to express her gratitude to her beloved parents; father (Mr. Syuaib) and mother (Mrs. Marsani) for all of their life and love.

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Jakarta, February 2010

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CHAPTER I

INTRODUCTION

A. Background of the Study

Film is a form of entertainment that enacts a story by sound and a sequence of images giving the illusion of continuous movement.¹ It is made to be seen and heard, to appeal our visual and aural senses. Like any art form, however a film is also meant to be felt and understood, to appeal to our emotions and minds. One of the best ways to determine whether a film has successes in any or all of those goals is to analyze the elements that make up the whole work.²

Film analysis³ is a way of analyzing film, which may draw upon ideas from film theory; the essence of the cinema⁴ and provides conceptual frameworks for understanding film's relationship to reality, the other arts, individual viewers, and society⁵ at large.⁶ Film analysis generally uses the character as an object that can be seen as a human.⁷ In this case a text of the character that can be analyzed, which is to find an implicit text into the unconsciousness of the character.⁸

The analysis of a film is unlimited not only in its choice of subject but also in its approach to that material. Psychoanalytic can be one of the approaches to find the unconsciousness of the character in film analysis.⁹ Psychoanalysis as a clinical method of investigation is about the wishes and fears that people have, about their memories of the past and how these memories color their relationship in the present, about their struggles to cope with painful feelings such as anxiety.¹⁰

¹ http://www.thefreedictionary.com/film
³ http://en.wikipedia.org/wiki/Film_studies
⁵ Ibid.
⁶ Ibid p.59.
The Machinist film is also known as El Maquinista. It is an English-language Spanish-made film directed by Brad Anderson that was released in 2004. The film was written by Scott Kosar, and starred Christian Bale.

It told about a machine worker named Trevor Reznik. He is very thin. His body is just like a skeleton, and it is caused repression in his memory. This condition makes him anxious.

Trevor also showed many psychological symptoms like washing over hand with a bleach, paranoia in being conspirate, a chronic difficult to sleep, etc. Trevor’s ego tries to balance his conscious and unconscious so that creates Ivan as his super ego who will make Trevor to remember about his past memory of the hit and run accident. Trevor is always being followed by Ivan shadows everywhere that actually Ivan just in his mind and does not exist. The existence of Ivan has made Trevor nearer to his past memory because Trevor, himself wants to reveal about Ivan who always makes troubles in his life. Ivan makes Trevor got fire from his work, makes Trevor’s relation with a girl broke and kills Nicholas, a son of Maria who is a waitress in an airport café that is always visited by Trevor at midnight. Maria and Trevor is friend. Actually Maria and Nicholas also just in Trevor mind and they are never exist. Ivan, Maria and Nicholas are just his super ego that will reveal whom Trevor, is truly.

Trevor is never calm. He is anxiously, and his super ego through Ivan, Maria, and Nicholas always bring him into his memory about hit and run accident which resulting the death of a young boy in every activities of Trevor’s life till finally Trevor can remember the accident and aware that he is a killer, then Ivan
as his super ego guides him to accept the fact that Trevor has repressed for a long time and makes him to report the hit and run accident event that he did a year ago, so that Trevor’s anxiety can be reduced and makes him able to sleep after he is sleepless in a year.

The guilty of hit and run accident which resulting in the death of a young boy which is repressed by the main character has made anxiety and creates many of psychological problems, so that the writer is interested to analyze the main character of Trevor Reznik using a psychoanalysis theory of Sigmund Freud entitled “An anxiety and defense mechanism on the main character of The Machinist film”

B. Focus of the Study

The writer would like to limit the research on the main character on The Machinist film by Brad Anderson using psychoanalysis of Sigmund Freud theory.

C. Research Question

Based on the background of study above the statement of problem are:

1. What are the anxieties, which make many of psychological
problems of the main character in The Machinist film?

2. What are the defense mechanisms that main character show in The Machinist film to reduce his anxiety?

D. Significance of The Study

The significance of study is classified into two, the academic and practical significance of study. The academic significance of study is to fulfill one of the requirements for “S1” degree to the faculty of “Adab and Humanities” of the state Islamic university “Syarif Hidayatullah” Jakarta. The practical one is to broad up the researcher’s knowledge regarding to the anxiety and defense mechanism in The Machinist film.

E. Methodology of the Study

1. The Objective of Research

The objectives of this research is to find about the psychology aspect of the main characters problem in his life, specially this study tries to know what:

   a. The anxiety that make many of psychological problems of the main character.

   b. The defense mechanisms that main character uses to reduce his anxiety.
2. The Method of Research

The writer conducts the research by using the qualitative method with descriptive analysis method. This research is based on the comprehension of main character in The Machinist film, which is evaluated from psychological approach specially psychoanalysis theory.

3. Instrument of the Research

The instrument of research is the writer herself by watching the film, capturing the picture as the analysis evidence, and marking all information related to the research problems, like marking the picture and the dialogue of the film.

4. Unit of the Analysis

The unit of analysis that is used in this research is the DVD thriller film The Machinist directed by Brad Anderson. Released on 22 October 2004 (USA) and produced by Castelao Productions, Filmax International.

5. The Technique of Data Analysis
In this paper, the writer uses the psychoanalysis theory to analyze the data, because the film described about psychological condition from major character. The data description is taken from script and related paper.

6. Place and Time

The writer began this research in last semester of academic years 2009-2010, at Department of English Letters, the Faculty of Adab and Humanities, Syarif Hidayatullah State Islamic University Jakarta.
CHAPTER II

THEORETICAL FRAMEWORK

A. The Definition of Character

The characters are the people in a text, they are part of the ordinary life. They are person created for a work of fiction. We might dislike, admire, or sympathize with them, but whatever they do or say or feel, they account for a large part of our first unstudied response. A character is often revealed through his or her actions, which provide readers with clues about the character’s personality, motives, and expectation.

Character also has characterization. Characterization is the creation of a fictitious character. Characterization in analyzing film utilizes three different types of pairings: stock characters and stereotypes, static versus developing characters, and flat versus round characters.

Stock characters and stereotypes is not essential or even desirable for every character in a film to have a unique or memorable personality. Stock characters are minor characters whose actions are completely predictable or typical of their job or profession (such as a bartender in a western). Stereotypes,

however, are characters of somewhat greater importance to the film. Developing characters are deeply affected by the action of the plot (internal, external, or both) and undergo some important change in personality, attitude, or outlook on life as a result of the action of the story.\(^\text{13}\)

Static characters remain essentially the same throughout the film. The action does not have an important effect on their lives (as might generally be the case with the hero of an action/adventure film). Flat characters are two-dimensional, predictable characters who lack the complexity and unique qualities associated with psychological depth. Individualistic characters who have some degree complexity and ambiguity and who cannot easily be categorized are called round characters or three-dimensional characters.\(^\text{14}\)

B. Psychoanalytic Approach

Psychoanalytic theory was developed by Viennese psychiatrist Sigmund Freud. He believed that the driving forces for behavior were not all conscious. He saw human motivation as an iceberg. We are only aware of a few of the motives are hidden from awareness in the unconscious. Freud believed that these unconscious motives were responsible for thoughts, feeling, fantasies, and dream as well as behavior.\(^\text{15}\)

1. Consciousness

Freud divided consciousness into three levels: the conscious, the preconscious, and unconscious.\(^\text{16}\) As had William James, Freud viewed the conscious mind as the awareness of feeling images, feelings, and sensations. The

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\(^{14}\) Ibid. pp. 60-61.


preconscious mind contains memories of which we are unaware at the moment, but of which we can become aware at will. And the unconscious mind contains repressed feelings, memories, and response tendencies of which we are unaware.

2. Structure of Personality

Freud described the personality as consisting of three systems, the id, the ego, and the superego. While the id is completely unconscious, the ego and superego span all three levels of awareness.

The id is the original reservoir of psychic energy and is present from birth. Aggressive, sexual, and other impulses from the id always demand immediate gratification. Thus the id is said to operate on the pleasure principle, continually pressing for the immediate discharge of any bodily tension. One way the id reduces tension is to create an image of what it wants. This image, which cannot be distinguished from reality, is known as wish fulfillment, but wish fulfilling mental images themselves cannot reduce tension. After all, hungry people cannot eat images. This failure of the id to deal with reality opens the way for the ego to come into being.

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The ego comes into existence to deal with the objective, outside world, and to satisfy the id’s wishes and instinctive demands. Eventually, this entire system becomes capable of looking at itself and now deserves name Freud gave it: ego, or self. The ego obeys the reality principle in contrast to the id’s pleasure principle. The ego is, thus the executive of the personality. It controls actions and chooses outcomes. A person with a weak ego maybe dominated by the wish fulfilling fantasies of the id and fails to deal effectively with objective reality, spending, instead, a disproportionate amount of time in fantasy and daydreaming.\(^\text{20}\)

The superego is concerned with morality, with what is “right” and what is “wrong”. It consists of two distinct parts: the ego ideal and the conscience. The ego ideal’s primary interest pertains to what is right and virtuous. It holds up an image of ideal behavior and perfection and says “yes” to morally good things. Conscience, on the other hand, watches primarily over what is bad. It says “no” to wishes that are morally wrong. Indeed it attempts to censor certain impulses from the id and prevent them from entering the consciousness of the ego.\(^\text{21}\)

3. Anxiety

Freud considered anxiety as a consciously painful experience, which arose from excitations of the internal organs of the body.\(^\text{22}\) Freud described three basic types of anxiety: The first is neurotic anxiety. Neurotic anxiety develops when

\(^{20}\) Ibid.
\(^{21}\) Ibid.
people fear their instincts will get out of control. Here a strong id dominates a weak ego.  

23 This is the fear of being overwhelmed by impulses from the id.

The second is moral anxiety. Moral anxiety, sometimes called guilt, occurs when people punish themselves for minor transgressions. Here a strong superego controls a weak ego.  

24 This is what feels when the threat comes not from the outer, physical world, but from the internalized social world of the superego. It is, in fact, just another word for feelings like shame and guilt and the fear of punishment.

The last is realistic or objective anxiety. In objective anxiety, the ego perceives a genuine danger in the real world.  

25 For example fear of a dog bite, fear arising from an impending accident.

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just one cathexis in someone personality but also there is second cathexis that opposite from the first cathexis that is called anti cathexis. And it will create a conflict if there is cathexis and anticathexis in someone personality.\textsuperscript{26}

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figure 3 symptom formation

The discharge; libido’s act that makes the desire fulfillment is difficult to happen when there is a conflict so that it makes someone personality is far away to recover from disequilibrium condition that will bring someone in anxiety condition. If someone in anxiety condition, he or she will try to do something to reduce his anxiety that is called the defense mechanism. If the defense mechanism works effective it will bring someone’s personality to equilibrium condition again. But if it works ineffective it will make someone personality is being a psychopath.\textsuperscript{27}

4. Defense Mechanism

Anxiety is unpleasant and Freud believed people developed defense mechanism for dealing with it.\textsuperscript{28} An ego defense mechanism becomes pathological only when its persistent use leads to maladaptive behavior such that

\textsuperscript{26} Iman setiadi arif, \textit{dinamika kepribadian: gangguan dan terapinya}, (Bandung: PT Refika Aditama, 2005), p. 25.
\textsuperscript{27} \textit{Ibid.} pp.25-29.
the physical and/or mental health of the individual is adversely affected. The purpose of the ego defense mechanisms is to protect the mind/self/ego from anxiety, social sanctions or to provide a refuge from a situation with which one cannot currently cope. The principal defenses are repression, projection, reaction formation, fixation and regression.

Repression is a particular form of denial in which unacceptable impulses are pushed into the unconscious. Repression is said to occur when an object-choice that arouse undue alarm is forced out of consciousness by an anticathexis. For example, a disturbing memory may be prevented from becoming conscious or a person may not see something that is in plain sight because the perception of it is repressed. Repression can even interfere with the normal functioning of the body. Someone may become sexually impotent because he is afraid of the sex impulse, or he may develop arthritis as a sequence of repressing feelings of hostility.

Repressions once formed are difficult to abolish. The person must reassure herself that danger no longer exist, but she cannot get such reassurance until the repression is lifted so that she can test reality.

Projection is a defense mechanism where a person's personal attributes, unacceptable or unwanted thoughts, and/or emotions are ascribed onto another

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person or people. An example of such simple behavior would be: blame for failure, making an excuse for your own faults by projecting the cause of said failure onto someone else, hence blaming them and not accepting the reality of the failure. One would argue that you are projecting the threatening feelings.

Projection reduces anxiety by allowing the expression of the unwanted subconscious impulses or desires without letting the conscious mind recognize them.

Untothing is a defense mechanism in which a person tries to 'undo' an unhealthy, destructive or otherwise threatening thought by engaging in contrary behavior. For example, after thinking about being violent with someone, one would then be overly nice or accommodating to him or her.

Undoing can be used to 'explain away' habits or behaviors that are not in line with an individuals' personality. For example, in the case of a person who is well organized in the workplace, yet always forgets to pay bills on time at home, Freudian psychologists could argue that his tardiness with bills is an undoing of his desire to be orderly, or vice-versa. For some people undoing can be used to reduce cognitive dissonance, the uncomfortable feeling created when an attitude and an action, or two attitudes are in conflict with one another.

In criminal profiling the term refers to a pattern of behavior by which an offender tries to undo their crime symbolically, e.g. by painting the face of a person killed by the perpetrator, covering up and decorating the corpse with

36 Ibid.
flowers, personal belongings and jewelers, or folding the hands, imitating a laying-out.  

5. **Chronic Insomnia**

Insomnia is chronic difficulty in sleeping. It is a symptom of a sleeping disorder characterized by persistent difficulty falling asleep or staying asleep despite the opportunity.

Chronic insomnia lasts for years at a time. It can be caused by another disorder, or it can be a primary disorder. Its effects can vary according to its causes. They might include sleepiness, muscular fatigue, hallucinations, and/or mental fatigue; but people with chronic insomnia often show increased alertness. Some people that live with this disorder see things as though they were happening in slow motion, whereas moving objects seem to blend together. Can cause double vision.

Insomnia can be caused by:

- **Psychoactive drugs** or **stimulants**, including certain **medications**, **herbs**, **caffeine**, **cocaine**, **ephedrine**, **amphetamines**, **methylphenidate**, **MDMA**, **methamphetamine** and **modafinil**

- **Fluoroquinolone** antibiotic drugs, see [Fluoroquinolone toxicity](http://en.wikipedia.org/wiki/Insomnia).

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37 Ibid.
40 Ibid.
41 Ibid.
associated with more severe and chronic types of insomnia

- Life problems like fear, stress, anxiety, emotional or mental tension, work problems, financial stress, unsatisfactory sex life
- **Mental disorders** such as bipolar disorder, clinical depression, generalized anxiety disorder, post traumatic stress disorder, schizophrenia, or obsessive compulsive disorder.
- Certain **neurological disorders**, brain lesions, or a history of traumatic brain injury
- Poor sleep hygiene, e.g., noise
- **Parasomnia**, which includes a number of disruptive sleep events including nightmares, sleepwalking, violent behavior while sleeping, and REM behavior disorder, in which a person moves his/her physical body in response to events within his/her dreams
- **Medical conditions** such as hyperthyroidism

6. **Obsessive Compulsive Disorder (OCD)**

OCD is an anxiety disorder in which the mind is flooded with persistent and uncontrollable thoughts and the individual is compelled
to repeat certain acts again and again, causing significant distress and interference with every day functioning.\textsuperscript{42}

Commonly reported compulsion include the following\textsuperscript{43}:

1) Pursuing cleanliness and orderliness, sometimes through elaborate ceremonies that take hours and even most of the day
2) Avoiding particular objects, such as staying away from anything brown
3) Performing repetitive, magical, protective practices such as counting, saying certain numbers or touching a talisman or particular part of the body
4) Checking, going back seven or eight times to verify that already performed acts were actually carried out, for example, that lights, gas jets, or faucets were turned off, windows fastened, doors locked.
5) Performing a particular act, eating extremely slowly.

7. Posttraumatic Stress Disorder (PTSD)


\textsuperscript{43} Ibid. P. 158.
The definition of PTSD includes part of its presumed etiology, namely, a traumatic event or events that the person has directly experienced or witnessed involving actual or threatened death or serious injury, or a threat to the physical of self or others.\textsuperscript{44}

The symptoms for PTSD are grouped into three major categories\textsuperscript{45}:

1) Reexperiencing the traumatic event. The individual frequently recalls the event and experiences nightmares about it. Intense emotional upset is produced by stimuli that symbolize the event (e.g. thunder reminding a veteran of the battlefield) or on anniversaries of some specific experience (e.g. the day a woman was sexually assaulted).

2) Avoidance of stimuli associated with the event or numbing of responsiveness. The person tries to avoid thinking about the trauma or encountering stimuli that will bring it to mind; there may be amnesia for the event.

3) Symptoms of increased arousal. These symptoms include difficulties falling or staying asleep, difficulty concentrating, hyper vigilance, and an exaggerated startle response.

\textsuperscript{44} \textit{Ibid.} p. 163.
\textsuperscript{45} \textit{Ibid.} p. 164.
8. Paranoid Personality Disorder

People with this disorder have a pervasive but unwarranted suspiciousness and mistrust of others. They expect others to trick or harm them. They may be extremely vigilant, looking for indication of threat and taking unnecessary precautions. They are often secretive and devious. They avoid accepting blame for their actions. They are extremely jealous and often question people’s loyalty. In new situation they tend to search for confirmation of their suspicions, looking for secret meanings and hidden motives in the behavior of others. Theses people are hypersensitive. They are easily slighted and quick to take offense. They have difficulty relaxing. When they perceive a threat they want to counterattack. They are often critical of others but have difficulty accepting criticisms. Their emotion tends to be restricted. They tend to appear cold and seem to lack soft and tender feelings. They usually lack a good sense of humor, they are often proud of being objective and rational.⁴⁶

Psychoanalysis experts stated that paranoid are people’s need to unacceptable of the true feeling so that make a projection that will be

felt by other person. To paranoid people, an enemy is may cause by hopeless which is people will give critic and blame them of all problems.47

9. Hallucinations
Hallucinations are sensory perceptions in the absence of any corresponding external sensory stimuli.48

There are types of hallucinations: Auditory Hallucinations (hallucination involving the sense of hearing); Visual Hallucinations (hallucination involving the sense of sight); Olfactory Hallucination (hallucination involving the sense of smell); Gustatory Hallucination (hallucination involving the sense of taste); and Tactual Hallucination (hallucination involving the sense of touch).49

47 Sutardjo A Winamihardja, Pengantar Psikologi Abnormal (Bandung: PT Refika Aditama, 2005), p 118.
CHAPTER III

RESEARCH FINDINGS

A. The Anxieties and Psychological Problems of Trevor Reznik, the main character in The Machinist Film

Trevor Reznik is a machinist at The National Corporation. He is single and lives in an apartment that he hired from Mrs. Shrike. His parents died when he was a child. His call girl friend, Stevie, usually accompanies him. One day when he was driving a car he used a cigarette lighter in the car that made him did not know that the traffic light was changed to red color then he hit a boy and his mother crossed the street. He was very shock when he knew what had happened then he run from the accident and also from the punishment. After that event, Trevor’s life was changed. He was haunted by fear. He began to feel anxiety that is a feeling of intense and painful worry and fear.

According to Freud theory there are three basic types of anxiety: neurotic, moral, and objective. Neurotic anxiety develops when people fear of their instincts will get out of control. Moral anxiety, sometimes called guilt, occurs when people punish themselves for minor transgressions. In objective anxiety, the ego perceives a genuine danger in the real world. Trevor Reznik experiences moral anxiety, which is the condition of guilty. Here a strong superego controls a weak ego. Trevor’s unconsciousness has won his id or pleasure principle that avoids the punishment and run for the responsibility and his ego or reality principle fails to deal effectively with objective reality but his superego is strong so that it controls the weak ego.

Trevor Reznik has thin body, which is just like a skeleton. He losses his weight from day to day eventhough he ate a lot. His girlfriend said, “If you were any thinner you would not exist” but Trevor always feels if he is healthy. Trevor does not realize that it is the symptoms of his fear that is showed by his body.

Trevor’s thin body has made people around him concern and accuse him of using drugs.

Furman: Frankly I am concerned about you.  
To be honest, I think you look like toasted shit.
Trevor: I felt a lot on my mind lately.
Furman: -Anything we can help with?
Trevor: -No, thanks. There’s nothing I can’t handle.
Furman: -Wanna see a doctor?
Trevor: -It is not necessary, I am fine really.
Tucker: Are you doing drugs Reznik?

From the dialogue above, his boss, Furman really concerned about his condition and gave a suggestion to him to meet the doctor but Trevor always said that he was healthy which actually was not shown by his appearance so that his boss assistant, Tucker accused him of using the drugs.

Trevor’s thin body is actually caused by his fear and anxiety but he still does not realize what has happened to him.

An experience of hit and run accident has changed Trevor’s life. He becomes a person that is unknown by his own friends.

Worker 1: Hey, man. he had one of those "tuck jobs".  
Come on Jones, you know how to do that.
Worker 2: You might, I don't!  
Yeah, whatever.  
You Reznik, you wanna go for some cards tonight?
Trevor: Can’t, got plans.
Worker 2: Shit! See, this nigger say the same thing every poker night.  
Hey, what is up with you? you used to be alright.
Worker 1: Well, he used to hang but he ain’t never been alright.

Reynold: Hey, Jackson, you need to realise that 
some men prefer the company of women.

From the dialogue above, Trevor’s anxiety had made him to be a close person. He always rejected his friends’ offering to play poker. This made his friends felt that he was changed because he used to be alright.
Trevor in his anxiety of having a great feeling of guilty has brought himself into further anxiety that is psychological problems as the following items:

1. Chronic Insomnia

Chronic insomnia is a psychological problem. It is a part of insomnia classification in sleep disorder. Trevor Reznik suffers chronic insomnia because his ego destruction is in a serious condition. Chronic insomnia is the difficult condition to fall a sleep. It lasts for a year.

Trevor Reznik works at The National Corporation in the morning and he goes to Stevie’s house (his call girl friend) after he worked. Then he goes to an airport café to have a cup of coffee and pie at midnight and Maria, the waitress, usually accompanies him. Those activities are repeated in Trevor’s life because he cannot fall a sleep.

Stevie:  what is wrong?
Trevor:  I just want to lie here.
Stevie:  We can do that.
Trevor : I’m... so... tired
Stevie:   You can fall asleep if you want, off the meter.
Trevor:  That is the problem. I can’t sleep.
            Nothing helps.
Stevie:   Don’t worry about it honey.
            Everyone get insomnia every now and then.
Trevor:   Stevie
            I haven’t slept in a year.

As it can be seen from the dialogue above Trevor did not sleep in a year so that it brought many effects of his daily life. Its effects can vary according to its causes. They might include sleepless, muscular fatigue, hallucinations, and/or mental fatigue; but people with chronic insomnia often show increased alertness.\(^{51}\)

A chronic insomnia that is suffered by Trevor has made him sleepless. Actually he has tried many ways to make him fall a sleep in anywhere he can sleep when he feels sleepy but his effort always fail because there is the stressor which is difficult to solve that he unawares.

Trevor Reznik also has a muscular fatigue. He always feels tired although he does not do anything.

Stevie:    Trevor...
            You still got half an hour.
            I can fix you some eggs.

Trevor: *I am tired but thanks.*

From the dialogue above Trevor rejected Stevie’s offer to eat. He said that he was tired. It shows that he gets tired even only for eating and it is caused of the effect of not having sleep in a year. It also makes him gets a muscular fatigue. Trevor is not only tired when he is offered to eat but also for the other activities.

The last effect is hallucination. A chronic insomnia has made Trevor gets a hallucination and he has a visual hallucination. A visual hallucination is involving sense of sight.

Miller: *Reznik, I need a hand*
   *Gotta get this dead level here, help me out*

Trevor: *- Safety on?*

Miller: *- Oh Yeah*
   *How is that?*

Trevor: *A little to the left.*

Miller: *Do I need more?*
   *Hey, you sleep on your own time, need some help here.*

From the dialogue above Trevor was helping Miller when he was repairing his machine but suddenly there was an accident. Trevor pushed the active button so that made the machine active and resulting Miller’s hand was hooked up in the machine. Trevor at that time was in his hallucination. He saw Ivan that was working in his place.

**Machine**  *These accidents are never pretty, Mr. Reznik.*

**Officer:**  *Our job is to investigate these events*
   *from every possible angles...*
   *So that we might prevent their reoccurrence.*
   *So we’d appreciate it if you are a bit more co-operative.*

Trevor:  *I knocked into the fucking activator by mistake.*

Machine  *What caused the mistake, Mr. Reznik?*

Officer:  *

Trevor:  *I was distracted.*

Machine  *By what?*

Officer:  *

Trevor:  *It was Ivan.*
   *
   *I was watching Ivan on the pit.*
   *The whole thing is my fault, okay.*

Furman:  *Who did you say?*

Trevor:  *The new arcwelder,*
I don’t know his last name.

Furman: - What new arcwelder?
Trevor: - Ivan, the guy from the swing shift.

Reynolds was picked up on a warrant
This guy got his place.

Tucker: What the fuck are you talking about, Reznik?
Reynolds is right over there
on the pit as usual, busting his ass.

Furman: There is no Ivan in National Machine, Reznik.

From the dialogue above, actually Ivan did never exist and he was just in Trevor’s mind that meant whether Trevor has a hallucination that is caused of his chronic insomnia. Ivan arises in his hallucination because of his anxiety.

Trevor: Nicholas!
Ivan: He can’t hear you now, pal.
Oh, come on you know he is dead. heya
You going to do something with that faulty memory of yours, pal
Might make life a little bit easier.

Ivan is his superego that arises as his hallucination. He tries to make Trevor into his conscious although his ways by disturbing Trevor’s life. But it is as the effort to make Trevor lives in peace.

Trevor Reznik also has other hallucinations that symbolize his memory about hit and run accident that he avoids. His other hallucination is the note that has changed to the odd note that he never made. As the pictures below that show about the note, which is performed in puzzle that is fulfilled by a letter from day to day to be a complete word.
Trevor is a person who usually writes a note about his need that will adhere on his refrigerator. But one day his note was changed. At the first he only wrote about his needs like buy bleach to remember him buying that, but suddenly on day after he had found the other note that can be seen in figure 6, the note about the empty puzzle and a draw. Actually he did not care of that note and then he threw the note. But he found the note again that had been filled as can be seen in figure 7 so that he began to think about the note by trying to relate the note with every event that happened in his life until finally the note was fulfilled itself letter by letter as can be seen in figure 8. Actually those of the note is just his hallucination that is sent by his superego to make Trevor remembers about his memory of hit and run accident that he has killed a boy that he never gives his responsibility. Then finally these notes show a word killer that makes Trevor realizes what has happened. The hallucination is the effect of his chronic insomnia that is a symptom of his anxiety.
Trevor’s last hallucination is the waitress that always accompanies him in the airport café, Maria and also his son, Nicholas. Both are Trevor super egos that work as his hallucination of his anxiety that try to figure out who Trevor is.

\[
\begin{align*}
\text{Trevor: } & \quad \text{Commiserating} \\
& \quad \text{- Try to fatten me up?} \\
\text{Maria: } & \quad \text{- What if I am?} \\
\text{Trevor: } & \quad \text{Suppose I wanted blueberry.} \\
\text{Maria: } & \quad \text{You had that last night.} \\
& \quad \text{You don’t fool me, Trevor Reznik.} \\
& \quad \text{I have you figured out.} \\
\text{Trevor: } & \quad \text{- You do, huh?} \\
\text{Maria: } & \quad \text{- Muhmmm} \\
\text{Trevor: } & \quad \text{What else do you know about me?} \\
\text{Maria: } & \quad \text{That you are lonely.}
\end{align*}
\]

Trevor begins to realize whether Maria and Nicholas are his hallucination when one day he wanted to meet with Maria again in the airport café then he got a new waitress that he never met but the waitress said that she was the one who always accompanied him and she ever thought that Trevor was mute because Trevor just stared at his coffee when he was in the café.

\[
\begin{align*}
\text{Trevor: } & \quad \text{Where is Marie?} \\
\text{Waitress: } & \quad \text{Who?} \\
\text{Trevor: } & \quad \text{You know who.} \\
& \quad \text{Marie my waitress.} \\
\text{Waitress: } & \quad \text{My! You are chatty tonight.} \\
& \quad \text{Darling, I am your waitress!} \\
\text{Trevor: } & \quad \text{What’s going on here?} \\
& \quad \text{I've never seen you before.} \\
\text{Waitress: } & \quad \text{What are you talking about?} \\
& \quad \text{You come here every night, stay on that same stool, staring at your coffee.}
\end{align*}
\]
Honest, I am starting to think that you are mute.

Trevor: I wanna see Marie!

Waitress: Mister, there is no Marie that works here.

Trevor: Is everybody at it?

Waitress: Let’s have a laugh on Trevor.

Trevor: Whatever Ivan was paying you is wasting his money.

Waitress: Go home, Mister.

Trevor: Get some sleep.

Trevor is very shock when he does not find Maria because Maria is just his hallucination as the effect of his chronic insomnia even the waitress in the airport café advices him to get a sleep.

2. **Obsessive Compulsive Disorder (OCD)**

Trevor condition of anxiety that is in his unawareness has made him to repeat a certain acts over and over. He becomes a person in pursuing cleanliness and orderliness. He cleaned his bathroom floor eventhough there was not any dirt then he always washed his hand with bleach. He always wrote about his needs that would be adhered on his refrigerator and he also wrote about the count of his weight. Those activities are the symptoms of anxiety that is called obsessive compulsive disorder, that is the condition where is the mind flooded with persistent and uncontrollable thoughts and it caused of significant distress and interference with everyday functioning.⁵²

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As it can be seen in figure 9 Trevor was cleaning his bathroom floor. He did it in a long time eventhough there was not any dirt and actually he did not understand why he did that because he was in the condition of uncontrollable thoughts and distress, which reflected his anxiety. In figure 10 can be seen an anxiety that Trevor had clearly. He always washed his hand whenever he felt stress and he washed by using bleach a lot. He did it not only in his house but also anywhere when he was anxious. Figure 11 show about the orderliness that Trevor did. He always made a note about his needs for daily life as in figure 11 that he wrote to buy bleach then this note would be adhered on his refrigerator. He also always counted his weight that was reduced from day to day then it adhered on his cupboard. Those are the obsessive compulsive disorder, the activities which Trevor has
done as his anxiety that he cannot understand and unaware why he does it.

3. **Paranoid Personality Disorder**

Trevor’s feeling of guilty has made he lives in anxiety. Then he becomes a suspicious person and mistrust of others. He thinks others have tricked or harmed him. He always tends for confirmation of his suspicions, looking for secret meaning and hidden motives in the behavior of others. He also wants to counterattack when he perceives a threat. This condition is called paranoid personality disorder.

Paranoid personality disorder that is suffered by Trevor is a psychological problem. It arises from his ego destruction, which is in serious condition. It is one of the categories from personality disorder. This person cannot accept the painful experience that has happened to him. Then makes a projection that will be felt by other person. Trevor Reznik cannot accept his feeling of guilty about hit and run accident that he did last year. He always feels responsible. It makes him always blames people around him as a reflection of himself.

Trevor becomes a suspicious person when he found an odd note on his refrigerator. This notes actually his visual hallucination. This
note had changed Trevor’s note before. It made Trevor suspicious. Then he began to think that he had tricked by someone. But a paranoid person always tended for confirmation of his suspicions.

Trevor: Err... Mrs. Shrike, Forgive me but... if you noticed anyone hanging around my apartment?
Mrs. Shrike: - Has there been a burglary?
Trevor: - No, no, no, I just wondered if...
You know errr... if you noticed anything unusual lately?
Mrs. Shrike: Unusual?
Trevor: Ah, never mind, Mrs. Shrike.

From the conversation above Trevor was asking the apartment owner whether someone had come into his apartment. It was the first suspicion that would be developed seriously in Trevor’s personality.

Trevor Reznik is certain that someone has tricked him when there was an accident in his work place. Trevor made his friend’s hand was being cut when he helped his friend to repair the machine. Trevor made himself pushed the active button of the machine. He was unaware and distracted.

Machine
Officer: What distracted you?
Trevor: It was Ivan,
I was watching Ivan on the pit.
The whole thing is my fault, okay.
Furman: Who did you say?
Trevor: The new arcwelder,
I don’t know his last name.
Furman: - What new arcwelder?
Trevor: - Ivan, the guy from the swing shift.
Reynolds was picked up on a warrant
This guy got his place.

*Tucker:* What the fuck are you talking about, Reznik?

*Reynolds is right over there on the pit as usual, busting his ass.*

*Furman:* There is no Ivan in National Machine, Reznik.

*Trevor:* What is this?

From the conversation above Trevor felt that all people tricked him. There was not someone among them that knew about Ivan meanwhile Trevor was talked with Ivan a day ago. Trevor felt that something was wrong. Then he looked for secret meanings and hidden motives of others.

Trevor found a confirmation of his suspicion. And finally he got a proof that could be showed to all people about Ivan. He got a photo of Reynold and Ivan was fishing. But he could not use it because the photo disappeared.

*Trevor:* - Hey Reynolds, it's Trevor.

*Reynold:* What time is it?

*Trevor:* How are they biting Reynolds?

*Reynold:* - You, you are drunk, Reznik.

*Trevor:* - The game's over, I got proof on you. I could use it.

Trevor still searched the motives of the person who wanted to harm him. He tried to solve the odd note that performed in puzzle by relating the events that he passed.
Trevor: *Something is happening to me, Stevie. Some kind of... plot.*

Trevor: *There was an accident at the shop. A man was nearly killed thanks to me.*

Stevie: What?

Trevor: *E R. E R.*

Trevor: *-T U C K E R*

As it can be seen in figure 12 the end of the blank puzzle showed “E” and “R” that was remembering Trevor to Tucker, his assistant boss as the conversation above. Trevor thought that Tucker was the person who wanted to harm him because Trevor was one of the people that had been inserted in Tucker’s shitlist. It happened when Trevor tried to nurture his friend from the machine maintenance.

Trevor: *-Back off Tucker, you don’t sketch regulations.*

Tucker: *-What regulations?*

Trevor: *Lock out devices must be in place during cleaning and maintenance of all heavy machineries, (motion 1989)*

Tucker: *Ya! Write to your congressman and hurry that up.*

Tucker: *Congratulations, Reznik.*

**You just made my shitlist.**

Trevor’s paranoid that always suspects others is more developed when he found an odd note that was changed as the picture below.
As it can be seen in figure 13 Trevor did not blame Tucker again as the person who harmed him because Tucker’s name was not suitable to the puzzle. Then he remembered his friend, Miller whom his hand had been cut by the machine that was caused by Trevor. He also remembered when he was nearly killed after Miller visited the work place.

**Trevor:** I’ll break it down for you, Miller.
Moments after you left the shop, someone powered up my machine.
With my arm in it.
I nearly got killed.

**Miller:** Accidents happen.

**Trevor:** It wasn’t an accident.
Accidents happen out of negligence
This happened down the spike.

**Miller:** That's some vocabulary you got kid.

**Trevor:** Spike.

*It wields vengeance,*

*vengeance means revenge Miller.*

*I am sure you know what revenge means, don't you?*

*I am onto you Miller.*

*Despite your stupid jokes,*

*you secretly blame me for the accident.*

*New car, huh? You despise me for it.*

*How did you get into my place?*

*Duplicate keys? credit card? What?*

*Fuck you, Miller!*

**Miller:** This shit is gonna stop!

*Get off my property, punk!*
Trevor is suspecting Miller now as the person who has harmed him. But Miller ignores the accused of Trevor. Then Trevor begins to think Ivan as the person who arranges the plot. A person with paranoid condition always do everything to make himself is not blamed by all people of all the wrong event that has happened. And Trevor Reznik always searched for confirmation of his suspicions. He tried to get Ivan’s address by asking the DMV officer but he failed. Then Trevor made himself was hit by the car in order as a crime so that he could get Ivan's address from the police officer. He suspected Ivan who had arranged the entire event that happened to him.

**Trevor:** Where is he?
**Stevie:** Who?
**Trevor:** You know who.
**Stevie:** - Trevor.
**Trevor:** - Don’t.
**Stevie:** Jesus, Trevor, what's wrong?
**Trevor:** This, Ivan. He's your ex, isn't he?
**Stevie:** What?
**Trevor:** Why is he doing this? Just because i'm fucking you, isn't it? Now it all makes sense. I'm fucking you, so he's fucking me. Where is he?
Hiding in the closet, beneath the bed?

From the conversation above Trevor had realized that all of the event was arranged by Ivan because Ivan was Stevie’s ex boyfriend and he thought that Ivan and Stevie were together to make a little fun of him. He absolutely knew that Ivan was the person who tricked him.
Trevor: Is everybody at it?
Let's have a laugh on Trevor.
Whatever Ivan was paying you is wasting his money.

Trevor paranoid condition is supported by his hallucinations that are Ivan and the note. Actually his paranoid is the reflection of his guilty.

4. Posttraumatic Stress Disorder (PTSD)

The experience of hit and run accident has made Trevor lives in anxiety. He is haunted by his fear. That event has made him traumatic. He is the person that directly sees a death of a young boy. It is called posttraumatic stress disorder. The person with this condition always tries to avoid thinking about the trauma or encountering stimuli that will bring it to mind. There may be amnesia for the event.53

Trevor Reznik suffers amnesia for the event. But he always encounters with the stimuli that correlates to the event. It always rises in his mind unconsciously.

Trevor: Got plans for mother’s day?
Maria: I am taking my little boy to the amusement park.
Suppose to be my day and he gets all the fun.
That is ok, when he is older
I will let him make it up to me.
Trevor: A little guilt goes a long way.

From the conversation above Trevor was unconsciously said about guilt. It was actually his stimulus in his mind that he ever did a mistake then he felt guilty. And it had influenced his life.

Worker 2: Personally, I don't feel too comfortable working with you. You made me nervous.

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You look like shit, acting all crazy. 
What is up with you?

Trevor: Nothing is up with me.  
It was an accident and I am the one who gotta live with it, not you.

The dialogue above told about the accident that Trevor made in his work place. He caused his friend’s arm had been cut when they were repairing the machine. Then from this event he felt that he was being shadowed of his guilty that actually was not about the accident in his work place only but also the problem inside his heart about hit and run accident that he did last year. This event has made his life is changed and then bring himself into further anxiety that is called posttraumatic stress disorder.

Trevor always tries to avoid thinking about the trauma eventhough his stimuli always rises in his mind.

Figure 14, 15 and 16 show that all the clocks at 01.30. It was Trevor Reznik’s stimulus. He always saw a clock at 01.30 in everywhere he was. From
Figure 14 can be seen the clock that he saw in the airport. But he did not realize about the stimulus that he had. Figure 15 and 16 show the clocks that he saw in Maria’s house (his visual hallucination). He felt strange and begun to think about the clock that always he saw at 01.30. But he just did not think it seriously because he wanted to avoid anything correlated with the trauma. Actually the clocks that showed at 01.30 were his stimuli that correlated with the event. As it can be seen in Figure 17 the clock in his car that show at 01.30 that was the time when the accident happened.

![Figure 18 and Figure 19]

Figure 18 shows that Trevor seems so doubt to light his cigarette by using his cigarette lighter in his car. A person in condition of posttraumatic stress disorder always tries to avoid thinking about the event. Actually the cigarette lighter is the stimulus that is associated with the event. Trevor could feel that event but he could not realize it. He also ever was hit in accident because using a cigarette lighter when he drove a car. It was as a stimulus that tried to rise in his mind. Figure 19 shows that he was using a cigarette lighter in his car. And because of that he caused the accident. He just concentrated to his cigarette lighter without seeing the traffic light that was changed meanwhile there was a young boy on the street who crossed a road.
In figure 20 can be seen clearly that Trevor suffers posttraumatic stress disorder, which is the stimulus about the event tries to rise in his mind. He was driving a car at that time then he was stopped suddenly and watched a tower without thinking anything. In figure 21 show that Trevor’s car stopped in the center of street and disturbed the others driver. It is his stimulus associate with the event. As it can be seen in figure 22 that was the place where the accident happened that near to the tower.

Figure 23 shows Trevor’s stimulus that correlate to the event. It was the game of route 666 in his hallucination. It was the game that brought him into others stimuli inside that associated with the event. There were the police office, the man in guilty was hanged, a human corpse of the accident, then the ways to the hell or salvation that must be chosen in the in a route of the game. As it can be seen in figure 24 that the game of route 666 was a stimulus of an accessories that hanged on Trevor’s car that hit a body of a young boy.
Figure 25 shows a stimulus that happens to Trevor in his hallucination that correlate with the event. Maria (his visual hallucination) was running to his boy in front of the carousel when the boy was hurt from the game of route 666. As it can be seen in figure 26 that there was a women who run to his boy in front of the tower when Trevor was hitting his boy. Trevor’s stimuli always rise into his mind unconsciously although he has amnesia for the event. It is caused by his highly moral and it always forces him into his conscious. It makes him life in anxiety before giving his responsibility.

B. The Defense Mechanisms that The Main Character Show in The Machinist Film

Anxiety is unpleasant and Freud believed people developed defense mechanism for dealing with it. This defense mechanism tried to keep people’s personality equilibrium. Defense mechanism works unconsciously and Trevor Reznik using an immature defense mechanism. This defense mechanism that Trevor has been used work effectively, he can reach his personality equilibrium again. His ego defense mechanism has brought him to remember of hit and run accident event. It makes him can solve the conflict that has caused him
living in anxiety. The conflict is about the responsibility. But finally Trevor’s discharge is responsible of the mistaken that he did last year and then reports the hit and run accident event so that he can reach his personality equilibrium.

According to Freud the ego defense mechanism is separated to three parts; mature, immature and archaic defense mechanism. Trevor Reznik shows immature defense mechanism in this film. He used undoing, projection, and repression defense mechanism.

**Undoing** is a defense mechanism that is used to clean the sin that someone did by doing a ritual. Trevor Reznik uses this defense mechanism to reduce his anxiety. He always made a ritual of washing his hand by bleach when he felt guilty. This repeated activity began in his life after he did a hit and run accident because he felt sin and guilty.

As it can be seen in figure 27 Trevor made a ritual of washing a hand by bleach at his apartment when there was an accident in his work place that was caused by him. This activity represents as his feeling of guilty. It also does to clean his sin after hurting somebody. He has made his friend’s hand is being cut when he was helping his friend to repair the machine but suddenly he pushed the active button unconsciously.

Figure 28 shows Trevor’s ritual of washing his hand that he did not only do that in his apartment but also everywhere when he felt that he had to do it. He did his ritual again when he felt guilty after accusing everyone in his

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work place of the accident that happened to him. Then he did it in a bar after he lost his job.

In figure 29 can be seen Trevor next ritual that he did after killing Ivan who actually his hallucination. He felt guilty of killing somebody so that he washed his hand again by using bleach.

Trevor Reznik always does this ritual of washing his hands using bleach when he feels guilty. He considers that soap or another sanitizer is not enough to clean his sin. Then bleach is the suitable one because it functions to clean and purify of the dirty blouse so that he thinks that how biggest his sin that he ever makes is enable to clean by bleach. Then after doing the ritual he feels better that can reduce his anxiety.

That defense mechanism of undoing is not enough to reduce Trevor’s anxiety so that he uses the other defense mechanism. It is a projection defense mechanism. Projection is the condition where a person projects his own unpleasant feelings onto someone else and blames them for having thoughts that he really has. Trevor Reznik uses this defense mechanism because his feeling of guilty then he is not want to be blamed so that he makes a project to someone else that he will be blamed.

Trevor Reznik projects his feeling of guilty to everyone around him by blaming them of all the mistaken that has happened. He considers that all people are blamed. His friends in his work place blamed Trevor from the accident that happened to his work mate, Miller. He was helping Miller when Miller repaired the machine. But the machine active when Trevor pushed the active button unconsciously. Ivan distracted him. But there were not anyone who knew Ivan.

Machine
Officer: What distracted you?
Trevor: It was Ivan.
I was watching Ivan on the pit.
The whole thing is my fault, okay.
Furman: Who did you say?
Trevor: The new arcwelder,
I don’t know his last name.
Furman: - What new arcwelder?
Trevor: - Ivan, the guy from the swing shift.
Reynolds was picked up on a warrant

This guy got his place.

*Tucker:* What the fuck are you talking about, Reznik?

*Reynolds is right over there on the pit as usual, busting his ass.*

*Furman:* There is no Ivan in National Machine, Reznik.

People that use a projection defense mechanism bury his unacceptable feeling into his unconscious but this people is not too strong to bury his feeling by himself so that this person needs to project his feeling onto someone else. The conversation above shows that Ivan as a person who was projected by Trevor for all of the mistakes that exactly Trevor did. But people around him did not know about Ivan.

Trevor begins to blame people around him after projecting Ivan of all the event. Then he made a projection again to Reynold. He blamed Reynold that had laid him about the existence of Ivan that made Trevor was blamed by all people for the accident in his work place.

*Trevor:* - Hey Reynolds, it's Trevor.

*Reynold:* What time is it?

*Trevor:* How are they biting Reynolds?

*Reynold:* - You, you are drunk, Reznik.

*Trevor:* - The game's over. I got proof on you. I could use it.

Trevor Reznik was almost killed when there was an accident that happened to him in his work place. The machine that he was being repaired active suddenly. Then he blamed everyone around him. He projected Reynold that had made him was blamed by his friends of the accident that happened to Miller. But the proof of a picture Reynold and Ivan disappeared when Trevor wanted to show and blame Reynold and also his friends.

*Trevor:* Who did it, huh?

Why did you turn the fucking braker!

Was it all of you?

Was it you, Jones?

Was it you? Was it you?

Or was it you?

*Worker 1:* You sick bastard,

you're imagining things again!

*Trevor:* Oh yeah? You've been fishing

with Ivan lately, Reynolds?

How's that... How's that tuna biting?

Let's see how you talk yourself out of this one!

Where is it?

*Tucker:* Right, what the fuck now, Reznik!
Get him off me!
Pick up your shit and get the fuck out of here.
You are fired.

From the conversation above Trevor blamed all people that caused the accident that actually it was the projection of his own unpleasant feeling of hit and run accident that he did a year ago.

Projection reduces anxiety by allowing the expression of the unwanted subconscious impulses or desires without letting the conscious mind recognize them. Trevor Reznik does a projection defense mechanism that can reduce his anxiety by blaming people around him that actually it is as his feeling that he does not want to be blamed.

The last defense mechanism that Trevor has been showed in this film is repression. Since two defense mechanisms of undoing and repression did not work effectively because Trevor still feels an anxiety in his life. Therefore he needs another defense mechanism to cover it. Repression is a process of pulling thoughts into the unconscious and preventing painful or dangerous thoughts from entering consciousness; seemingly unexplainable naivety, memory lapse or lack of awareness of one's own situation and condition; the emotion is conscious, but the idea behind it is absent.\(^\text{56}\)

Repression defense mechanism that is used by Trevor can help him to reduce his anxiety. It successes to forget Trevor’s unpleasant experience about hit and run accident that resulting a death of a young boy because he has pushed his memory into his unconscious. But Trevor too many spends his mental energy that makes his personality weak. It also makes a repression defense mechanism is not working effectively then it causes his impulses rise in his mind by many ways. But these impulses will bring him into the equilibrium of his personality.

figure 30  figure 31  figure 32

Figure 30 is a picture that shows in the film not longer from others picture when the film begun. It showed that Trevor was rolling a human corpse in the carpet then he realized that there was someone who watched him so it made him threw the carpet in the sea immediately as it can be seen in figure 31. But there was not a human corpse in the roll that actually he had killed in his apartment as it can be seen in figure 32. The human corpse that Trevor has killed actually is Ivan his visual hallucination as his super ego. The hallucination is the impulse that rises in Trevor mind because his ego defense mechanism of repression has loosen many mental energy and it is not enable to work. Ivan is the impulse as his memory that he wants to forget so that he wants to kill Ivan. His effort to kill Ivan is the impulse that he has repressed of the memory. Then when he throws Ivan in the sea is an impulse that Trevor tries to throw his memory in his unconscious. He begins to realize and remembers of all that happens to him when he does not find Ivan corpse in the roll and the person who has watched him is Ivan.

*Trevor: I know who you are.*

Trevor said the dialogue above when he remembered about his memory so that all of his anxieties lose from his life.
Figure 33 and 34 are his impulses also that always haunt Trevor. But he had realized and answered those impulses. It had brought himself into his repression memory that he was a killer.

All of Trevor’s impulses rise in his mind and makes him conscious. He reports the hit and run accident and gets the punishment. This is the condition of disequilibrium to equilibrium. Then Trevor gets his condition of equilibrium when he can fall a sleep after not having sleep in a year.

Trevor: I like to report a hit-and-run.
Police: Some one will record your statement.
Trevor: Later, right now I just want to sleep.
     Just want to sleep.

figure 35

All of the defense mechanisms that have showed by Trevor are his struggle from his disequilibrium condition, which he has conflict, and many anxieties and psychological problems. But finally he can reach his equilibrium when the repression defense mechanism work effectively because his super ego successes to bring him in his memory and his conscious so that he can solve the conflict in order to make his life easier and then he got equilibrium condition as his life before the accident of hit and run accident happens.
CHAPTER IV

CONCLUSIONS AND SUGGESTIONS

A. Conclusions

The machinist is a psychology film thriller. It contains of psychology problems of the main character named Trevor Reznik. Trevor Reznik experiences a hit and run accident. It makes him anxiety and to cover his anxiety he makes the defense mechanisms.

After analyzing the character by using psychoanalysis of Sigmund Freud, the writer draws a conclusion that Trevor Reznik’s personality moves from equilibrium to disequilibrium condition. Trevor Reznik does not have any problems that happen to his life when he is in equilibrium condition. But after experiencing a hit and run accident, he turns to be a person who has a problem so that it brings him to disequilibrium condition.

There are cathexis and anti cathexis in disequilibrium condition. Trevor’s cathexis is not giving a responsibility for the hit and run accident event meanwhile his anti cathexis is his conscience to responsible for the hit and run accident event. This anti cathexis makes a conflict in Trevor’s personality. Then there is no discharge at that time so that the conflict creates an anxiety to Trevor’s live.

Trevor’s anxiety is moral anxiety. That is the guilty feeling and it affects his life and also his body. Trevor’s body is very thin which is just like a skeleton,

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he loses his weight every day. He also turns to be a close and strange person. Then his anxiety develops and brings him into psychological problems.

Trevor’s psychological problem first is chronic insomnia; Trevor suffers sleepless for a year. He cannot fall sleep even though he has tried many ways. Then this condition brings many effects to his life. He has a muscular fatigue that always feels tired. He also experiences visual hallucinations that sending by his super ego to make Trevor into his conscious again and gives a responsibility. Second is obsessive compulsive disorder; Trevor is being a person in pursuing cleanliness and orderliness in this condition. He always washing his hand, cleaning his bathroom floor and writing a note about his daily needs. Third is paranoid personality disorder; he becomes a suspicious person and always feels that he has tricked and harmed by all people around him so that he always try to find the person who has tricked and harmed him. Fourth is posttraumatic stress disorder; he avoids thinking about the hit and run accident event but he always encounters stimuli of the event and all of the stuffs that relation to the event.

Trevor covers his anxiety by using the defense mechanisms. First is undoing; he always washing his hand by bleach when he feels guilty and he always feels better after doing it. Second is projection; he always makes a project of his guilty feeling to others people by suspecting all people around him. Then the last is repression; he repress all of his painful experiences about hit and run accident event into his unconscious but Trevor too many spends his psych energy so that the impulses about his painful experiences arise into his mind. This condition will bring him into his equilibrium condition and his conscious because
finally he remembers about the hit and run accident event and then he decides to give a responsibility by reporting the event that he has done last year.

From the conclusion above the writer attempts to show the readers about the defense mechanisms of the main character, Trevor Reznik that operates then makes him into his conscious so that he remembers about hit and run accident event, which has created an anxiety.

B. Suggestions

Film is very interesting for the writer to analyze because we can see the motion of the picture that conducts to the story. Film is not only for entertainment but also it can teach us about a life. The film that writer choose is about psychology because the writer thought that psychology is very meaningful and correlate with human daily life. We can understand someone if we can learn about his or her personality and we can get the answer by psychology.

In The Machinist film, the writer found an anxiety with psychological problems and also the defense mechanism that is showed by the main character. The writer analyzed the main character based to psychoanalysis theory and related theory in finding the problems. May this research will motivate the readers to analyze other character appearance in others film of psychology in literary works.

If the readers want to analyze further about character in film by psychology approach, first the writer suggests the readers to know and understand
about theories of psychology. Second the readers must find the film, which is contained about psychology problem. The last the readers have to understand the story, characters, conflicts and also find the problem of psychology.
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Appendix 1

Synopsis of The Machinist Film

Trevor Reznik is a machinist in The National company. He lives in the apartment’s Mrs. Shrike. He is sleepless in a year. Then he always accompanies by his girl friend, Stevie. Besides he always visits Maria, a waitress in the airport café to have a cup of coffee, pie, and conversation. Trevor has thin body which is like a skeleton. His body always reduces from day to day. It can be seen that he always measures his weight in the film. The physical condition of Trevor makes wonder of the people around him and it is used as a reason to accuse Trevor of doing drugs by his head assistant, Tucker that does not like him.

One day he meets with Ivan, the person that replaces his friend’s, Reynold job. Ivan always disturbs Trevor’s life. But there is no one who knows about Ivan when Trevor tries to explain the accident that has happened to his friend, Miller is because Ivan. Trevor is helping Miller to repair the machine at that time. Then Ivan distracts his concentration. It makes his body unconsciously to push the active button of the machine and resulting his friend’s arm cuts. Trevor feels worry. But he thinks that something has wrong as if there is some one who wants to harm him.

Trevor is a person that very cleanliness and orderliness. He always writes about his need that will adherer on his refrigerator. But one day his note has changed to be an odd note that is a draw and an empty puzzle like in hangman game. He thinks that this note have a correlation with the person who wants to harm him because this note is showing a letter by letter of the names from his friends in The National company.

Trevor accuses his friends: Reynold, Tucker, and Miller for all the problems in his life. Then finally he realizes that Ivan is the person who has harmed him. It makes Trevor begins to chase Ivan by many ways even with the extreme way like throw himself in front of a car in order to accuse Ivan of committing a hit and run so that he can get Ivan’s address. But Trevor fails
because the car’s plate number that Trevor has reported is his own. He reports that the car has destroyed one year ago.

Trevor very confuses with the entire event that has happened to him. It makes him to go to Stevie’s house to get the affection. But Trevor finds a picture of Reynold and Ivan in her house which has lost from his wallet. Then Trevor thinks that Stevie and Ivan are conspiring against him.

Trevor sees Ivan with Nicholas, a son of Maria when he arrives at his apartment. Trevor thinks that Ivan kidnap Nicholas. Then Trevor enters his apartment and comforts with Ivan in the bathroom. Trevor asks Ivan about Nicholas but Ivan tells him “you know he is dead”. Trevor struggles with and ultimately kills Ivan, then flings open the shower curtain, expecting to see Nicholas' dead body but the bathtub is empty.

Trevor tries to dispose of Ivan's corpse, rolling it in a rug and struggling to cast it into the ocean. But when the rug unravels, there is nothing inside. Ivan, very much alive, is standing on the pier, laughing. Trevor, suddenly home again and staring at himself in the mirror, begins to repeat, "I know who you are." Then the notes filling the letters as "Killer."

Finally Trevor realizes of all that happened to him. He remembers about his past memory that he has repressed. The memory of hit and run accident a year ago, in which he has ran over and killed a boy of Maria identical to Nicholas after taking his eyes off the road for a moment to light a cigarette.
The notes, Ivan, Maria, and Nicholas are Trevor’s visual hallucinations that send by his super ego to make him into his consciousness. In the end Trevor reports a hit and run accident event that he has did a year ago.
Appendix 2

The Machinist Script

Trevor’s Apartment

Who are you?
Jesus.

Stevie’s Room

Stevie: You ok?
Trevor: Do I look ok?
Stevie: If you were any thinner, you wouldn’t exist
Trevor: No...
Stevie: Trevor...
You still got half an hour.
I can fix you some eggs.
Trevor: I am tired but thanks.

The National Machine

Tucker: Let’s go, monkeys.
Watch your work, not your ass.
Come on guys, keep it moving.
Worker 1: Yes sir, yes sir,
Master Tucker, motherfucker
Tucker: Hey, why is that machine down!
Miller: - I am cleaning this.
- It takes 7 minutes to power up that mill
Tucker: Where am I going to make up
that 7 minutes? Miller?
Your paycheck?
Trevor: -Back off Tucker, you don't sketch regulations.
Tucker: -What regulations?
Trevor: Lock out devices must be in place during cleaning
and maintenance of all heavy machineries, (motion 1989)
Tucker: Ya! Write to your congressman and hurry that up.
Tucker: Congratulations, Reznik.
You just made my shitlist.

The Locker Room in National Machine

Worker 1: And he's like, you know, babe this babe that...
Chatting like mother fucking Barry White.
Talking about what he is going to do to her,
and how to make her Cucci feel and all that.
Worker 2: That is right.
Worker 1: So then, she stopped
She looked back at him with these
big puppy eyes she's like...
That sounds good puppy,
but me no have no Cucci
So, my man said, what?!
He looked down and realised that SHE IS A HE!
Worker 2: Man, that's bullshit!
You meant to tell me that this whore was wearing nothing
but a thong and this fool can't tell no difference.
Worker 1: Hey, man. he had one of those "tuck jobs".
Come on Jones, you know how to do that.
Worker 2: You might, I don't!
Yeah, whatever.
You Reznik, you wanna go for some cards tonight?
Trevor: Can't, got plans.
Worker 2: Shit! See, this nigger say the same thing every poker night.
Hey, what is up with you? you used to be alright.
Worker 1: Well, he used to hang but he ain't never been alright.
Reynold: Hey, Jackson, you need to realise that some men prefer the company of women.
Worker 1: Who! hotty duty, he ain't get no booty.
Worker 2: Maybe he has got a date by the name "tuck jobs"
Trevor: No, your mother said she couldn't make it.
Worker 2: Oh! Reznik talking smack,
I can't even respond to that.

Airport Café

Maria: You ok?
Trevor: Do I look ok?
Maria: If you were any thinner, you wouldn't exist.
What's wrong?
Trevor: I don't know, deja vu.
Maria: You are tired, you need to sleep.
Trevor: How do you do it?
Maria: What?
Trevor: Sleep so little and still look so good.
Maria: Are you flirting with me?
Trevor: Commiserating
—Try to fatten me up?
Maria: —What if I am?
Trevor: Suppose I wanted blueberry.
Maria: You had that last night.
You don't fool me, Trevor Reznik.
I have you figured out.
Trevor: — You do, huh?
Maria: — Muhmmm
Trevor: What else do you know about me?
Maria: That you are lonely.
When you work here as long as I have,
You get to know the type.
Hey, everyone gets lonely, Trevor.
It is nothing to be ashamed of.
Trevor: How can I be lonely,
when I have you to keep me company?
Man: Check please
The National Machine

Tucker: You, Reznik, Furman's office. Now!
Furman: How are you doing, Reznik?
Trevor: What is this about?
Furman: Frankly I am concerned about you.
To be honest, I think you look like toasted shit.
Trevor: I felt a lot on my mind lately.
Furman: Anything we can help with?
Trevor: No, thanks. There's nothing I can't handle.
Furman: Wanna see a doctor?
Trevor: It is not necessary, I am fine really.
Tucker: Are you doing drugs Reznik?
Trevor: Where is Stewart?
Furman: He couldn't make it
Trevor: Shouldn't even be in here with an union ()
Tucker: See what I mean.
Furman: Look, Trevor, I understand how you feel, but believe me,
there is absolutely nothing to worry about
Trevor: Then I will just get back to work
Furman: Er... Trevor, not yet.
I need to ask you for a UA

The National Machine Parked

Ivan: Look like rain.
Radio says there is a storm on the way.
Trevor: they said right.
Ivan: I'd say it's already here.
Ivan: You are on the first shift?
Trevor: Yeah
Ivan: Me too
Trevor: Funny I never seen you before.
Ivan: I've been here.
I work in the pit
I just picked up Reynolds's shift.
Trevor: Where is Reynolds?
Ivan: Feds picked him up.
On warrant.
I am Ivan.
Trevor: Trevor
Ivan: Well, I guess I'd better begin by...
Ivan: I hear that Tucker guy can be a real prick.
Trevor: You got that right.
Ivan: I will see you around.

Stevie's Room

Stevie: what is wrong?
Trevor: I just want to lie here.
Stevie: We can do that.
Trevor: I'm... so... tired
Stevie: You can fall asleep if you want, off the meter.
Trevor: That is the problem. I can't sleep.
       Nothing helps.
Stevie: Don't worry about it honey.
       Everyone get insomnia every now and then.
Trevor: Stevie
       I haven't slept in a year.
Stevie: Jesus Christ!
       I tried him too...
       I am sorry.
       Hello?
       Yeah. No I can't.
       I can't talk now. Okay.
       My ex, he's a fucking Psycho.
       Trevor, I am worried about you.
Trevor: Don't worry, no one ever died of insomnia.
Stevie: I hope not, you are my best client.
       Can't afford to lose ya.
Trevor: Gee... thanks

The National Machine

Miller: Reznik, I need a hand
       Gotta get this dead level here, help me out
Trevor: - Safety on?
Miller: - Oh Yeah
       How is that?
Trevor: A little to the left.
Miller: Do I need more?
       Hey, you sleep on your own time, need some help here.
Trevor: Better, now try the other side.
Miller: I hate this bitch.
       Hey! what did you do?
       I am hooked up here.
       Kill it, will ya?
Trevor: -Come on, kill it.
       -Not working.
Miller: Damn it! Reznik!
Trevor: Shit!
Miller: - Kill it!
Trevor: - Not working
       God! Jesus!
Miller: - Hit the breaker!
Trevor: - What?
Miller: Hit the breaker!
       Hey, hey, hey!
Worker: We some help over here!
       We need some help
       - Come on man, come on.
       - What's happening here, man?
       Call an ambulance!
Tucker: What happened here?
Trevor: I was helping him with the belt.
I thought the safety was on.

Tucker: You thought?!
Worker: Somebody kill that fucking machine! Shit!

**Trevor’s Apartment**

Trevor: Hello, Mrs. Shrike. I come to give you the rent.
Mrs. Shrike: And so early. Oh Mr Reznik, I only wish all my tenants are considerate as you. I will give you a receipt in the morning. Good night Mr. Reznik.
Trevor: Err... Mrs. Shrike, Forgive me but... if you noticed anyone hanging around my apartment?
Mrs. Shrike: - Has there been a burglary?
Trevor: - No, no, no, I just wondered if... You know errr... if you noticed anything unusual lately?
Mrs. Shrike: Unusual?
Trevor: Ah, never mind, Mrs. Shrike. I am sorry... to disturb you so late. Good night.

**The National Machine**

Machine What we know is this:
Officer: One: Miller was operating the mill in long sleeves.
Two: Miller's arm was in the cutting zone of mill while it was off.
Three: the mill suddenly activates, catching Miller's sleeve, resulting in this.
Trevor: What is the fucking point?
Machine These accidents are never pretty, Mr. Reznik.
Officer: Our job is to investigate these events from every possible angles... So that we might prevent their reoccurrence. So we'd appreciate it if you are a bit more cooperative.
Trevor: I knocked into the fucking activator by mistake. What caused the mistake, Mr. Reznik?
Trevor: I was distracted.
Machine By what?
Officer: What distracted you?
Trevor: It was Ivan, I was watching Ivan on the pit. The whole thing is my fault, okay.
Furman: Who did you say?
Trevor: The new arcwelder, I don't know his last name.
Furman: - What new arcwelder?
Trevor: - Ivan, the guy from the swing shift. Reynolds was picked up on a warrant. This guy got his place.
Tucker: What the fuck are you talking about, Reznik? Reynolds is right over there on the pit as usual, busting his ass.
Furman: There is no Ivan in National Machine, Reznik.
Trevor: What is this?
Machine Officer: Have you recently suffered any head injuries?

Airport Café

Maria: Ever hear of pumpkin pie?
Trevor: No
Maria: -Trevor
Trevor: -Yeah
Maria: Can I ask you a question?
Trevor: Sure
Maria: Why do you go all of your way to come here every night?
Trevor: Is it all the way?
Maria: An airport? For coffee and pie?
Trevor: Suppose I went to Danni's...
Suddenly I get an overwhelming urge to skip town. Could I do that just in any diner?
Maria: Is someone chasing you?
Trevor: Not yet. But they will when they find out who I am.
Maria: Oh really! Who are you?
Trevor: Can you keep a secret?
Maria: To the grave.
Trevor: I am Elvis Presley. I ran away from home to pursue my blue-collar aspirations.
Maria: I thought you looked familiar.
Trevor: Got plans for mother's day?
Maria: I am taking my little boy to the amusement park. Suppose to be my day and he gets all the fun. That is ok, when he is older I will let him make it up to me.
Trevor: A little guilt goes a long way.
Maria: How about you?
Trevor: Cemetery
Maria: - Oh, I am sorry
Trevor: - Thanks
Maria: I lost mine too. Still hurts. I am not so good at losing family.
Trevor: Who is? What's weird is that it did not hit Until I picked out her burial dress. I pictured her while buying it... ...Not knowing it would... You know, be the one. Seems unfair, isn't it? Not knowing things like that
Maria: Hey, how about spending the day with me and Nicolas after the cemetery?
Trevor: Sounds dreamy

The National Machine

Worker 1: Hey Reynolds, what did the Feds want you for?
Armed robbery.
Worker 1: Oh yeah, that is right, because I and Jackson
had you packed and pantified... ain't that right, Jackson?
Worker 2: HEY, I don't see what is so fucking funny.
You clowns think this's fucking like some big joke
but it ain't!
Personally, I don't feel too comfortable working with
you.
You made me nervous.
You look like shit, acting all crazy.
What is up with you?
Trevor: Nothing is up with me.
It was an accident and I am the one
who gotta live with it, not you.
Worker 2: You ain't hearing me, man.
Nobody wants you here.
Nobody.
Trevor: See you tomorrow.

The National Machine Parked

Trevor: Hey
Ivan: Howdy, partner.
Trevor: You gotta go back to the shop.
Tucker needs to see you.
Ivan: - What about?
Trevor: - I don't know, but it seemed important.
Ivan: What! He's ganna have to wait,
It is Miller time.
Trevor: We need to talk.
Ivan: Follow me.
Trevor: Come on!

At Bar

Trevor: Another Bourbon.
Ivan: Make it double.
You shooting coke or something?
You look like a dope fiend to me.
No offence.
Trevor: I don't use drugs.
I mean I don't even drink.
Ivan: How about abnormally?
Trevor: I see Reynolds is back to work.
Ivan: Gets to me ball
Trevor: I will tell you one thing,
If I dig, You are showing carbon to it.

Ivan:

Would you? never trust a con, cowboy!
They ain't get to live to be honest.

Trevor:

Where they hiding you these days?

Ivan:

Around

Hey, you wanna see something?
Look at that. Lost them on a lake.
They took a big toe from the left foot
and a finger from my right.
That is why I walk with a gimp.
Yeah, I can't shuffle my cock like I used to
but the ladies sure like it.
Oh, no. You look like you have seen a ghost.

Trevor:

Funny you should say that.
The guys from work don't think you exist.

Ivan:

That is why I can't get a raise.

Trevor:

According to Tucker, you are not even on the
payroll.

Ivan:

You believe that?

Trevor:

Why would they lie?

Ivan:

They just have a little bit of fun with you.

Trevor:

I am not laughing.
Quit fucking around, a guy lost his arm.
He could have died.

Ivan:

That ain't my problem.
You caused the accident, not me.

Trevor:

Where are you going?

Ivan:

Take a leak, you wanna watch?
I will be right back, don't just bail me now.

Trevor’s Apartment

Reynold:

- Hello?

Trevor:

- Hey Reynolds, it's Trevor.

Reynold:

- What time is it?

Trevor:

- How are they biting Reynolds?

Reynold:

- You, you are drunk, Reznik.

Trevor:

- The game's over. I got proof on you.
I could use it.

Reynold:

You better watch your fucking ass buddy,
Before you lose it.

Stevie’s Room

Stevie:

- Trevor?

Trevor:

- I need to see you, Stevie.

Stevie:

- Well, Jesus, Trevor, I am not exactly alone here.

Trevor:

- Please, Stevie.
- I think I am falling apart.

Stevie:

- Can you come back in an hour?

Trevor:

No, no, no, no, I need to see you now.
In case of something happens,
I need someone to know.

Stevie: Ok, give me a minute.
Trevor: I appreciate you making time for me,
You are the only one I can talk to.
Stevie: My pleasure.
Most guys don't come here for my conversation.
Trevor: Something is happening to me, Stevie.
Some kind of... plot.
There was an accident at the shop.
A man was nearly killed thanks to me.
Stevie: - Oh, my god!
Trevor: - Now the guys at work are against me.
They want me out and I don't blame them.
Just the way they're going about it...
Their eyes, their little games.
Stevie: What?
-T U C K E R
Stevie: -Trevor?
TUCKER?
Maybe err you take this accident thing a bit too hard.
I mean...
If they wanted you out,
they could just fire you.
Trevor: I am not worried about being fired.
Stevie: Then what are you worried about?
Trevor: I don't know yet.

The Amusement Park

Trevor: There you go, made to order.
Nicholas: - Thanks.
Maria: - Surprise!
Got ya! That one's going on the fridge.
Trevor: Here, let me get one of you and Nicolas.
By the carousel.
Maria: Just a minute.
Okay, ready.
Smile!
Maria: It helps if you push the button.
Trevor? What is it?
Trevor: - This place, brings back memories.
Maria: - Good memories I hope.
Trevor: Yeah, I haven't been here since I was a kid.
Maria: My ex, probably phone
to ruin a happy Mother's Day
Could you...?
Trevor: - Yes, no sweat. I will take Nicolas for a ride.
Maria: - Thanks.
Nicholas: How long have you known my mother?
Trevor: About a year.
Nicholas: How did you meet her?
Trevor: We just kind of met.
Nicholas: Are you going to see her again?
Trevor: I hope so.
Would you like that?
Nicholas: I guess so
Trevor: Hey, you wanna know a secret?
Nicholas: What?
Trevor: My father left us when I was your age.
You wanna know something else?
Made me realised what a wonderful mother I had.
You will realise that too some day.
Nicholas: What is that?
Trevor: Monster ride.
Nicholas: Route six hundred and sixty six.
What does that mean?
Trevor: Well, a route is a road you take
When you're on a long journey.
Nicholas: Can we go in?
Trevor: Well, Nicolas, maybe we should wait for your mother.
Nicholas: What for?
You are going straight
to hell on route 666.
Ride here if you dare!
You are going straight to hell on route 666.
Trevor: Look like someone had a bad crack up.
Fill her up, cowboy.
We wouldn't be eating in there
Anytime soon, Nicolas?
Nicholas: Eww.. look at that.
Trevor: You should close your eyes.
Jesus!
- Boy, this is one heck of a ride.
Nicholas: - Yeah.
Shady Lady
Oh, my God.
Stop!
Woo
Trevor: Take a right, Nicolas!
Right, a right!
Nicolas, Nicolas!
Hey, Nicolas!
I need some help here.
Okay, somebody gets a doctor.
Hang on Nicolas, I'm going for help.
Maria: Nicolas!
Trevor: I swear to God, I don't know what happened.
Maria: He is epileptic.
I should have told you.
Trevor: - I will call an ambulance.
Maria: - No, thanks.
It is ok, baby.
It hasn't happened for a while.
I didn't think to mention it.
Trevor: I could have killed myself
For taking him on that ride.
Maria: It's ok, it's not your fault.
He won't even remember it,
As if nothing ever happened.
Wanna come in?

**Maria’s House**

Mario: I think you could use a drink.
Trevor: That'll work.
Maria: What good is it at home
If you can't relax in it.
Trevor: I will have to remember that.
Maria: Trevor? Can I ask you something?
Trevor: Should my lawyer be present?
Maria: Why are you always leaving such generous tips?
Trevor: - Do I?
Maria: - 20 dollars for coffee and pie?
Trevor: And entertainment.
Maria: - Entertainment?
Trevor: - You.
Maria: Trevor, you don't have to buy my companionship.
Trevor: Sorry, I wasn't meant that way.
Maria: If you really wanna spoil me,
Take me to a movie sometime.
Hmmm?
Trevor: That is a deal.
Maria: My goodness, there must be a hole in this glass.
Trevor: I will get it.
-You wait on me.
Maria: -Thanks
It is the last door on the left.

**The National Machine**

Tucker: Reznik
I want you on the Swansea-leave today.
Trevor: - Where is Sanchez?
Tucker: - That is an irrelevant question, Reznik, I'm asking you.
Trevor: Shit!
Furman: - If there's anything else we can do for you, let us know.
Miller: - Thank you, Mr Furman.
Bye. See you now.

Worker 1: Hey, look who it is.
Bombay Miller, you ok?
- Good, good.
Miller: - You be easy now.
Yeah, man, take it easy.
Trevor: My God, Miller.
I don't know where to begin.
Miller: Nah, don't sweat it, kid.
There is nothing to say.
Trevor: I wish there is someway I can repay you.
Miller: Well, for a start, you can give me your left arm.
In fact, that is why I came
By here today. Isn't it, Tucker?

Tucker: Fair is fair
Miller: We are just razzing you, kid
You keep your left arm,
I will keep my settlement.
Hell! How can a guy lost an arm
End up like getting a deal like this?
So, I guess you can call me lucky.

Trevor: Well, Miller,
If there is anything I can do...
Nah, forget it.
Miller: No hard feelings, huh.
I will see you around, pal.

Trevor: Ah!
Hey!
Help!
Hey!
Hey!
Someone help me!
Someone help me!

Worker 1: Reznik
Ah...
I got ya, I got ya.
Be cool, be cool, alright?
Trevor: Who did it, huh?
Why did you turn the fucking braker!
Was it all of you?
Was it you, Jones?
Was it you? Was it you?
Or was it you?
Worker 1: You sick bastard,
you're imagining things again!
Trevor: Oh yeah? You've been fishing
with Ivan lately, Reynolds?
How's that... How's that tuna biting?
Let's see how you talk yourself out of this one!
Where is it?
Tucker: Right, what the fuck now, Reznik!
Get him off me!
Pick up your shit and get the fuck out of here.
You are fired.
Worker 2: This motherfucker's crazy.
Worker 1: You lost it, man.

Trevor's Apartment

Trevor: Shit!
Damn it! Where is it?
Asshole!
What the fuck did you do with it?
Idiot!
At Bar

Men: Hey! Fuck you!
    Get out!

Stevie’s Room

Trevor: What?
Stevie: It's an occupational hazard.
    So, Trevor, are you gonna rescue me from
    this miserable life or what?
    I could give it up for the right guy.
    Oh, that came out wrong.
    What I mean is...
    I would, you know,
    stop hooking if you wanted me to.
    I mean, there are lots of
    pancakes out there, right?
Trevor: I think I'd like that.

Trevor’s Apartment

Mrs.Shrike: Mr. Reznik.
Trevor: I am sorry, I thought it was somebody else.
Mrs.Shrike: You leave me in such a scare.
Trevor: What are you doing in my apartment?
Mrs.Shrike: There is a leak in my ceiling.
    It's coming from your apartment.
Trevor: That's impossible.
Mrs.Shrike: I'm gonna leave a note.
Trevor: A note? What kind of note?
Mrs.Shrike: About the leak.
    What's that terrible smell?
Trevor: There is no leak in this apartment.
    Now if you would excuse me...
Mrs.Shrike: You're sure you're alright, Mr. Reznik?
Trevor: Yeah, I'm sure. If you need anything,
    please call first.

Miller’s House

Trevor: Miller!
Miller: Hey, Reznik.
    It's a pleasant surprise.
Trevor: We need to talk.
Miller: Take a look at this, huh?
    Picked it up at Grossens, top of the line.
Margie: Let's not trim anything for a while.
Miller: I need to be doing something.
    Can't just watch the soap opera all day.
Margie: That hydro will be here tomorrow.
You won't. Listen to the doctor.

Miller: Margie, this is Reznik. The man who cost me my arm.
Trevor: How do you do, Mrs. Miller?
Margie: I've been better, Mr. Reznik.
Trevor: Is there some place we can talk?
Miller: Check it out. It's a beauty. 8 cylinders. Speed sensitive steering. ABS breaking with road texture and tension. Defence lock-up helps you maintain control in emergencies. Of course, it's automatic. Hell I wanted a stick... but I figured my shifting ability wouldn't be so hot.
Trevor: You know I am not at National any more, right?
Miller: Yeah, I heard about it. It sounds like you almost lost one yourself, huh?
Trevor: Did you find that a bit ironic, Miller?
Miller: Ironic? I'm sorry kid, I never got over sixth grade.
Trevor: I'll break it down for you, Miller. Moments after you left the shop, someone powered up my machine. With my arm in it. I nearly got killed.
Miller: Accidents happen.
Trevor: It wasn't an accident. Accidents happen out of negligence. This happened down the spike.
Miller: That's some vocabulary you got kid.
Miller: This shit is gonna stop! Get off my property, punk!
Trevor: Bastards.

At Street

Trevor: Shit.
Come on.
7-4...
...3-C-R
It's 743CR.
What?
Shit.
Fuck!

The DMV Office

DMV Officer: I'm sorry sir, but we don't provide...
    ...motor's information to the general public.
Trevor:    I'm not just a memeber of the general public.
    This guy is a friend of mine.
DMV Officer: But you don't know your firend's address?
Trevor:    We just met, I don't know him that well.
DMV Officer: Sir, this is the DMV, not the dating service.
Trevor:    I just want talk to him.
DMV Officer: I'm sorry sir, I can't help you
    unless a crime has been committed.
    Has a crime been committed?
Trevor:    Please, I wouldn't ask
    if it weren't extremly important.
DMV Officer: Sorry sir. No crime, no information.
Trevor:    What if I told you I was hit by this car?
DMV Officer: I don't see any bruises.
    If you did,
Trevor:    would you give me an address?
    No, but the police might.

The Police Office

Trevor:    I want to report a hit and run.
Police:    Bring it back when you are finished.
    Fill it out over there.
    Mr. Reznik.
    You sure about these plate numbers?
Trevor:    743CR. All right, that's the one.
Police:    Do you ever have a car stolen?
Trevor:    No, what?
Police:    Cause the car that
    allegedly hit you was your own.
    1969, red pontiac viper
    registered to your name.
    Nearly a year ago you reported it
    as being totally wrecked.
    Do you know it is a felony
    to file a bogus police report?
    Hey, wait a minute.
    You got some explaining to do.
    Hey! Hey!
    Jesus, Reznik. Just wanna talk to you.
    Hey come back. Reznik, Reznik!
Stevie’s Room

Stevie: Trevor?
   Oh, no.
Trevor, what do you want?
   Trevor, it's okay.
Oh God, what happend?
Trevor: I was crossing the street.
   Lights changed on me.
Stevie: Did he stop?
Trevor: No, he just kept going.
Stevie: He fucking hit my drivers man.
   He gotta be hanged.
Trevor: It was my fault.
   I wasn't paying attention.
Stevie: Trevor, we got get you to a hospital.
   You may have some internal injuries.
   it is just bruises.
Stevie: Okay, you see this?
   This is a bruise,
   and this is a train wreck, alright?
What is it with you and doctors?
   Don't you trust anyone?
Trevor: I trust you.
Stevie: Now I know.
   You are crazy.
Trevor: Can I stay here tonight?
Stevie: Babe, you can stay here every night.
   You know that?
   What?
   What,Babe,
   what's going on in that crazy head of yours?
Trevor: I really want this to work, Stevie
Stevie: But?
Trevor: You know so little about me.
   What if I turned into a warewolf or something?
Stevie: I will buy you a flea collar.
   I love you.
Trevor: Stevie
Stevie: Yeah.
Trevor: Thanks.
Stevie: I set out some clean cloth for you,
   your stuff is not dry yet.
Trevor: You always keep men's cloth lying around?
Stevie: some of my regulars.
   They like to keep their clean change cloth here.
   I probably just throw
   them out now, alright?
Trevor: Hey, perfect fit.
Stevie: Yeah, whatever Trevor.
I don't have a size 26 waist here.
Hey, how about that idea.
I can get a job selling man's wear.
Those chicks got paid vacations too.
I'll settle for that.
That's not a bad life.
Could be worse.
You know what else I want to do?
I want to clean up this place,
just get rid of all the fucking junk.
Probably look like I'm a terrible housekeeper,
which I sometimes am...
...but I can also be very very,
you know, organised and neat.
And I wanna do more of that.
I would love to paint a place.
Just make it nice, just be organised,
and neat and paint it white.
What I would also like is a decent stove.
This one is covered in fat.
() Just like a white, beautiful place
and a decent stove.
Not a lot to ask.
Wow, don't look so surprised.
A call girl scrambling eggs...
Yeah that's funny,
I don't think I ever cooked for a guy before.
Not even my husband.
Jesus Christ.

Trevor: Where is he?
Stevie: Who?
Trevor: You know who.
Stevie: - Trevor.
Trevor: - Don't.
Stevie: Jesus, Trevor, what's wrong?
Trevor: This, Ivan.
Stevie: He's your ex, isn't he?
Stevie: What?
Trevor: Why is he doing this?
Just because I'm fucking you, isn't it?
Now it all makes sense.
I'm fucking you, so he's fucking me.
Where is he?
Hiding in the closet, beneath the bed?
Stevie: I don't know what you are talking about, babe.
Trevor: Ah, don't babe me.
Yeah, babe.
I'll change my whole fucking life for you.
I'll do anything you want, babe.
Stevie: You know what, I don't deserve this.
Trevor: What did you do?
Stevie: - Hey!
Trevor: - Slip this from my wallet from me while proposing to me?
Stevie: Fuck you!
- You left it in my tip jar the other night.
Trevor: - Bullshit.
Stevie: - I thought you wanted me to have it.
Trevor: - Cut the crap, Stevie.
Stevie: - What is a big deal about a goddamn picture?
Trevor: - They said that the guy in the photo doesn't exist.
- This says he does.
Stevie: - Trevor, I don't understand what the fuck you are talking about.
Trevor: I'm talking about your ex!
Ivan.
Stevie: - Who? This guy standing next to you with a fish?
Trevor: - I'm not in that photo.
Stevie: Trevor, I'm looking at a picture of you.
You are standing next to some fat guy with glasses holding a fish.
Trevor: That's not me.
Stevie: Trevor, it's you.
Look.
Trevor: You lying whore.
Stevie: You get the fuck out.
Fucking freak.
You are a fucking pig
Trevor: You fucking whore
Stevie: You are a fucking freak.
You are a fucking psycho.
Fucking psycho

The Airport Café

Trevor: Where is Marie?
Waitress: Who?
Trevor: You know who.
Marie my waitress.
Waitress: My! You are chatty tonight.
Darling, I am your waitress!
Trevor: What's going on here?
I've never seen you before.
Waitress: What are you talking about?
You come here every night, stay on that same stool, staring at your coffee.
Honest, I am starting to think that you are mute.
Trevor: I wanna see Marie!
Waitress: Mister, there is no Marie that works here.
Trevor: Is everybody at it?
Let's have a laugh on Trevor.
Whatever Ivan was paying you is wasting his money.
Waitress: Go home, Mister.
Get some sleep.

Trevor's Apartment

Trevor: Don't forget your post it
Great Stevie
How could you!
Nicholas!
Ivan: You have to pay your utility bill, partner
You know how difficult it is to shave in the dark.
Trevor: What have you done with Nicholas?
Ivan: What have I done with Nicholas?
Trevor: Nicholas!
Ivan: He can't hear you now, pal.  
Oh, come on what know what you is dead. heya 
You going to do something with that faulty memory of 
yours. Pal 
Might make life a little bit easier. 
by the way, I just loved them no chilly myself 
That one on the refrigerator just kills me. 
Where is your hospitality, partner? 
If some had walked in, he might get the wrong idea.

At the Sea

Ivan: Who are you? 
Oh hell, look like you got 
some explaining to do, partner.

Trevor's Apartment

Trevor: I know who you are.
Mrs.Shrike: You going some where, Mr. Reznik? 
Trevor: Yeah, Mrs.shrike, I'm moving.
Mrs.Shrike: I didn't receive notice. 
Your lease requires you 
to get 30 days notice in writing. 
Trevor: It wasn't planned, 
something came up. 
Trevor: You can keep my security deposite. 
I won't be needing it anyway.
Mrs.Shrike: Really? Mr. Reznik. 
You used to be such a good tenant. 
I just don't understand it. 
Oh, isn't that pretty? 
Would you care to sell it? 
Trevor: No, it was my mother's. 
I made all arrangements. Don't move my things. 
A truck will be coming by this afternoon. 
Mrs.Shrike: You just want to get away... 
Trevor: If you are going to give it away... 
Mrs. Shrike, If you'll excuse me.

At the Jail

Trevor: I like to report a hit-and-run. 
Police: Some one will record your statement. 
Trevor: Later, right now I just want to sleep. 
Just want to sleep.