THE CHARACTER OF MORT RAINHEY IN SECRET WINDOW FILM VIEWED FROM ANXIETY DISORDER THEORY

A Thesis Submitted to Letters and Humanities Faculty in Partial Fulfillment of the Requirements for Strata 1 Degree

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ENGLISH LETTERS DEPARTMENT
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JAKARTA
2010
DECLARATION

I hereby declare that this submission is my own work and that, to the best of my knowledge and belief, it contains no material previously published or written by another person nor material which is a substantial extent has been accepted for the award of any other degree or diploma of the university or other institute of higher learning, except where due acknowledgement has been made in the text.

Jakarta, February 25th, 2010

Trio Hadisya Putra
ABSTRACT

Trio Hadisya Putra, *The Character of Mort Rainey in Secret Window Film Viewed from Anxiety Disorder Theory*. Thesis: Adab and Humanities Faculty, English Letters Department, Syarif Hidayatullah State Islamic University. Jakarta, 2010

The objective of the research in this thesis is to get the description of Mort Rainey’s character in the movie “Secret Window” based on the Anxiety Theory in order to find out how Anxiety Disorder affect the character of Mort Rainey in his daily life, since the writer assumes that the character has undergone psychological disorder.

In the research, the writer decides to use the qualitative method with descriptive analysis method in analyze the Mort Rainey Character of the film; the writer would like to analyzes the data with anxiety disorder concept. This research use verbal data and others nonnumeric data; such as dialogue and scene caption as the basic analysis and in solving the research problems.

Through the observation of the scene, dialogue and the script the filmmaker gives Mort Rainey such a complex character in *the Secret Window*. The writer reveals post traumatic disorder as the main aspect of the character anxiety disorder followed by the other anxiety like; phobia, obsessive-compulsive disorder, panic, and generalized anxiety disorder as the effect. And the film story developed from the composition of those anxiety disorders in Mort Rainey character and characterization’s.
ACKNOWLEDGMENT

In the name of Allah, The Beneficent, The Merciful
May peace and blessing of Allah be upon all of us

All praise be to Allah, Lord of the Universe, who gives the writer guidance and strange, so this paper could be finished well. Peace be upon to dear prophet Muhammad SAW for his conveying the words of God, the light for humanism and peace.

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Finally, the writer hopes this paper will be useful especially for the writer and those who are interested in it. May Allah bless us. Amien.

Jakarta, April, 2008

The Writer
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CHAPTER I

INTRODUCTION

A. Background of the Study

Film is a development of Modern Theater which is visualized and presented to fulfill our imagination about the human itself. In these recent days, motion picture or movie become more effective to catch everyone eyes, because it’s simple and easily to monopolize with our family or friends. Furthermore, the increasing of the technology nowadays made more possible for us to visualize our imaginations about the untouchable world, and even our wildest imagination’s about how possibly is the afterlife.

The film is watched by the people everyday has a lot of power, because it presents an image that can influence deeper than the other media, the image on a film provide a strong illusion about the understanding of reality. One of the important elements or the parts that built the story is character or the main character. The story is just about the surrounding events including psychological condition of the main character when he was face to face with the problem, and then it’s helping to develop the flow or plot of the story that we used to watch.

There are so many concepts and theories which is used by the researcher and novel critics, drama and the other form of literary works including film; to analyze the character. One of them is Psychological Theory. Usually this theory is
well-used in many studies about the character or the author; by watching on every events occurred in the movie due to the psychic character and the plot development.

The writer is interested in choosing the film entitled “Secret Window” directed by David Koepp which is played tremendously by Johnny Depp, a well-known actor from Hollywood. This Film is one of the movies that present the dark side of a human being, the incapability in facing many kinds of negative event in this life and the overwhelming of feeling guilty and hopeless. Sometime the subject cannot manage many kinds of the situation in his life, and occasionally it’s leaving a traumatic trace in the human life. Besides, this filling is something that will always hunting you down, and in this case it refers to the something that hidden inside and cannot be discovered, and also it will always attacked us like a pebble in the shoes.¹

According to Freud, trauma is a psychological condition as a result of an experience with a lot of intensity, beyond the capacity of the subject to prevent it.² The human incapability in facing these negative moments will leave a trace, later on it will be settled in human unconsciousness thought.

The main character in this film, Mort Rainey, is a successful writer, who is suffering from writer's block and has retreated to an isolated lakeside cabin in the face of a divorce from his wife, Amy (Maria Bello), following his discovery of his

¹ Kalu Singh, *rasa bersalah, seri garisan psikoanalisis*, (Jogjakarta: Pohon Sukma, 2003), p. 4
wife's affair with Ted Milner (Timothy Hutton), now her boyfriend. Upon this discovery, Mort confronted the two of them with an unloaded gun, instigating an angry dispute that, although not ending in violence, continues to trouble the three of them. Afterwards, Mort has retreated to his secluded cabin, living alone in the woods. Mort is confronted one day by the mysterious John Shooter (John Turturro) who accuses him of plagiarism. Shooter gives Mort a manuscript he claims to have written.

At first, Mort regards Shooter as mentally ill and throws away the book. But his housekeeper takes it out of the garbage believing it was his and instead of throwing it away again he cannot stop thinking about it. This accused make him fell anxiety, there is a moral responsibility that he was hardly to take as a writer and unfortunately, it will be effected his life. Based on the problem of Mort Rainey’s character, this film story is developed.

Based on the writer’s interest to this drama-suspense film, so the writer decides to analyze the character of Mort Rainey using the Anxiety Theory and demanded to discover the Psychological disorder of this character entitled “The character of Mort Rainey in Secret Window Film viewed from Anxiety Disorder Theory”

B. Focus of the Study

The writer is going to analyze the character of Mort Rainey from a movie entitled “Secret Window” based on a psychological point of view. The research will use Anxiety Disorder Theory as an intrinsic element of the movie.
C. Research Question

Based on the focus of the study above, the researcher formulates the research questions as following:

1. How Mort Rainey character is depicted in the film?

2. How is Mort Rainey character based on the anxiety disorder theory?

D. The Objective of the Research

The objective of the research in this thesis is to get the description of Mort Rainey’s character in the movie “Secret Window” based on the Anxiety Theory and in order to find out how Anxiety Disorder affects Mort Rainey’s character in the movies.

E. Significance of the Study

The result of this research is expected to give new information in understanding the movie as one of literary work. Especially the reader of literary works, so that they can understand the character using the Anxiety Disorder Theory in another movie, and hopefully this research can provide new information in the study of literary work so it will become more rich in the future day.
F. Research methodology

1. Method of the Research

Based on the question and the purpose of the research, then the writer decided to use the qualitative method with descriptive analysis method in analyze the film; the writer would like to find the data analysis with anxiety disorder concept; so it would get the result by data analysis and the concept. The research used verbal (such as dialogue) and other nonnumeric data (such as scene caption) as the basic analysis and in solving the problem those are studied.

2. Technique of Data Analysis

In this research, the writer used film to catch visual view, dialectical analytic technique study and analyze qualitatively data that is collected from variety of source based on the study of Anxiety Disorder Theory that uses main character analysis based on research to get relation between these analyses with literary work.

3. The Unit of Analysis

The unit of analysis is Secret Window film. The film is produced by Sony Pictures Entertainment, written by David Koepp, Stephen King who’s this film was based on his novel in the same title as the film and also directed by David Koepp itself. This film released in March 12, 2004 and actor by Johnny Depp as Mort Rainey and released in DVD on April 13, 2007 in Indonesia.
CHAPTER II

THEORETICAL FRAMEWORK

A. Character and Characterization in the Film

Character is one of very important intrinsic elements in a literary work or a film. In every story—whether it is in the literary work or in the film, there were always a character as the representation of human being and then it’s helping in built up the flow or plot of the story that we used to watch. And every character has variety values to make a story seems real, understandable, and worth caring about; the values that it could be moral, emotional, intellectual, or appearance value. In other word, a character may exist in a film by appearance, conversation, action, name and thoughts going in the head. A character can change the mood of a story by the intrigues that happen to the character or by the interaction between one character and another character.

There are a lot of definitions about character. Based on American English Dictionary, character is the aggregate of qualities that distinguishes one person or thing from others. But according to UVIC English Writer’s Guide; “Characters are the persons presented in works of narrative or drama who convey their personal qualities through dialogue and action by which the reader or audience

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understands their thoughts, feelings, intentions and motives" as well as in the film, but it is a little bit different because film is a visual story telling so that the character in the film is more complicated and more detailed than in the literary work.

There are major characters and minor character in the stories. The major character is divided into two categories; the protagonist and the opponent’s character is antagonist. The minor character is the character that usually supports player (a partner of either the hero or villain) or a catalyst. A catalyst character (also referred to as an agent for change) often does not participate directly in any of the action, but instead fulfills the role of inspiring the lead character to take up a cause or quest he might otherwise not have pursued (for example, Spider-Man's kindly uncle who gets killed early in the story would fit this definition).

There are two types of a character; a flat character (also known as a type or a two-dimensional character) is defined by a single quality without much individualizing detail. A round character is a complex individual incapable of being easily defined and it is usually the major character. When we say that a character in a film was complicated or “complex” or “well developed,” we really mean that the character was a collection of several or varying traits. And in order to make the character more life, it was given an impressive value toward character (traits) and it is called characterization.

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6 Ibid. p. 1.
The performance of the character is divided into two parts: dynamic and static. The dynamic character is deeply affected by the action of the plot (internal, external or both). Therefore, the will undergo some important change such as the personality, the attitude, or the point of view of life as the result of the action in the story. On the other side the character which do not have significant changes in the story are called the static character.⁷

Characterization just like writer has been said above, that character has certain trait following them called characterization. Another opinion about characterization is way the author developing the story but product of the story is called character.⁸ In other word, to enrich the character visually and emotionally that it may become livelier and acceptable in the audience mind, the characterization was placed to the character. There are many ways to know the characterization’s analysis in the film. The characterization can be understood through several ways:

1. Characterization through appearance

How the actor look and what kind of clothes he wear is the main aspect of the characterization. These aspects can be displayed with one of mise-en-scene. The techniques use to arrange everything in the film in order to makes meaningful frames or shot. The aspects of mise-en-scene are lighting, setting, color, costume and make-up and the behavior of figures. The writer would to use the costume and

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make-up aspect in the discussion because it is easily to identify and become one of characterization of the character that always appears or wear in the movies (for example, Spider-Man’s costume that he always wearing in the action show his muscle, and its color bright red and blue, it is show his strength as a hero).

2. Characterization through dialogue

In the film, the characters expose themselves by what action and how they talk. The words choices, the tone, the stress of voices express their minds, attitudes and emotions virtually. Furthermore the used of grammar, structure of sentence, vocabulary, and certain dialect reveal social economy level of the character, educational background and the mental processes.  

3. Characterization through external action

The characters in the film are instruments of establishing the plot. They have main purpose in the story therefore they will do everything to achieve it. These actions are called motives which reveal their personalities. It means that the personalities will decide how the character acts to gain their purposes.

4. Characterization through internal action

Internal action is the character’s mind and emotion that contain secrets, unspoken thoughts, daydreams, aspirations, memories, fears, and fantasies. All of them appear visually in the film. The director can illustrate the character’s imagination or mind by the technique of shot. And the technique called

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cinematographic properties. And of the part is angle and distance. It creates the particular visual effect besides that it enhances the definite sense of vigorous or dramatic situation which is being filmed. Angles of framing divided into three categories: the straight-on angle, the high angle, and the low angle. All these categories used to communicate the difference of dramatic information or emotional attitude. In addition, the filmmaker utilizes the shot of close-up on an unusually sensitive and expressive face to illustrate the inner action of character. This technique is called by the distance of camera.

5. Characterization through reactions of other characters.

The characterization of the character can be observer by the point of view from others characters. Sometimes at the beginning of scene has already demonstrated information about the characterization.

B. Psychological Approach

Human beings are the creature which has a very complicated character, as Freud said in his lectures that “human being personality (character) deeper and complex (complicated)…” It became this way because they were equipped with mind and feelings, and these things was distinguish between mankind and any other creature on earth. Many kinds of character of a mankind, and all of it was

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11 Ibid. p. 134.
12 Ibid. p. 135.
13 Ibid. p. 136.
different each other, there are no one on the world has the same character, it is because their thought and feelings (psyches) are different dependent on it effort to fulfill his biological desires in human life in this world; when it is dealing face to face with the external reality.16

Nowadays this treasure used in cinematography world, most of it presented human life as entertainment. Many kinds of character we can find in film, there are bad guys and good guys and also the character that always change as long as the film. It tried to visualize our life so that people may know what kind of character that they were having or to acknowledge them to vary kind of human character. Some of them used these fiction characters to improve their study or knowledge; they used many kind of theory to analyze these characters one of it was Psychological term.

Psychological term had special relationship with cinema before it became one of the models of analysis that by some of France art critic assumed as the best one for cinematograph world.17 Since the beginning of psychology together with cinema in 1985, many of the France researchers used this method, they could not stop talking about psychological approach and it was same with the film maker.

The film maker and the France film critiques produced many kind of theory and critics about the film in psychological terms. But according to Jacques Amount and Michel Marie, the study using this method could not always have a

16 Ibid. p. 1.
good result, it was because of many facts in the cinematograph have forgotten and it was just based on the knowledge about the Oedipus complex a Castration. Finally Jacques Aumont divided the study of film/cinema into two group of study;

1. “Biopsichanalyses”, which “read” film as author creation (partial or overall) in order to diagnose the author as someone who has neurosis syndrome, or have mentally disorder.\(^{18}\)

2. “Lectures Psychanalytiques” film or the reading of the film psychoanalysis, the focus of its study is about a certain character on the film that was assumed has psychological disorder.

In this case the writer would like to use the Lectures Psychonalytiques in the study by assuming a certain character in the film has psychological disorder.

**C. Anxiety Disorder**

In the late 19th century the psychoanalysis study firstly established by a neurologist from Austria Sigmund Freud. In the first time, in order to understand the human personality the psychoanalysis was develop but in its development, the study became a method to find out the mental process of the unconsciousness through the psychotherapy. He was developing a few concepts and one of it was Anxiety. It is a psychological and physiological state characterized by cognitive, somatic, emotional, and behavioral components.\(^{19}\) All of these component


combinations created an unpleasant feeling that is typically associated with uneasiness, fear, or worry.  

Another definition of anxiety is when a human move from an equilibrium to disequilibrium condition in the process of the fulfillment of desires, and they feel it to be an unpleasant thing but when they move from the disequilibrium to the other part, they feel as a pleasant thing (joy). (See the picture below)  

The Fulfillment of Desires

![Diagram showing the movement between equilibrium, joy, disequilibrium, and anxiety](image_url)

*Figure*: the Movement from or to equilibrium made joy and anxiety appeared.

Equilibrium is the balance condition in someone personality. There is no desire or problem. Disequilibrium is the opposite condition in someone personality. So, in other word someone will always try to solve his problem so that in the process to balance his condition they may feel the joy and avoid became unbalance, the encounter to it will outcome what we call Anxiety.

Anxiety is a natural phenomenon in human life and it cannot be separated from human life itself. Its presence made our life more dynamic, it brought a

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21 Imam Setiadi (2005), *op.cit.*p. 25.
certain emotion that made life became more interested to live.\textsuperscript{22} It is rather similar with fear, but unfortunately they are different each other, according to A. Ohman in Handbook of Emotion (2000);

\textit{Anxiety is a generalized mood condition that occurs without an identifiable triggering stimulus. As such, it is distinguished from fear, which occurs in the presence of an observed threat. Additionally, fear is related to the specific behaviors of escape and avoidance, whereas anxiety is the result of threats that are perceived to be uncontrollable or unavoidable.}\textsuperscript{23}

It is considered to a normal reaction to the stress, as it’s said above that it is useful or help people to face on their problem and difficult situation at their everyday activities. But when it becomes excessive, it may fall under the classification of an anxiety disorder.\textsuperscript{24} This study will more focus the discussion about the theory of anxiety disorder.

Anxiety disorder is some kind of mental illness and it was said that this illness symptom appears after the one who had an anxiety problem cannot solve the fulfillment of his desires or they are two different desires that are contradictive each other and piled up in his unconscious mind being accumulated for several time, it may fall into anxiety disorder. It’s just like when a bucket gets piled up with the water over and over, the water will become overwhelming and came out

\textsuperscript{22} Ibid. p. 25.
from the bucket itself and it is the same with our mind if we cannot fulfill the desires over and over, the desires someday will came out from our mind and become a problem. This illness often related to biological makeup and life experiences of the individual, and they frequently run in families.\textsuperscript{25} There are several types of anxiety disorder, each with its own distinct features.

Anxiety Disorder was divided in to five major types:\textsuperscript{26}

1. **The Generalized Anxiety Disorder**

   Generalized anxiety disorder (GAD) is an anxiety disorder that is characterized by excessive, uncontrollable and often irrational worry about everyday things that is disproportionate to the actual source of worry.\textsuperscript{27} People with generalized anxiety disorder feel anxious most of the time. They worry excessively about routine events or circumstances in their lives. Their worries often relate to finances, family, personal health, and relationships with others. Although they recognize their anxiety as irrational or out of proportion to actual events, they feel unable to control their worrying. For example, they may worry uncontrollably and intensely about money despite evidence that their financial situation is stable.


\textsuperscript{26} Ibid., p. 1.

According to DSM-IV, symptoms must be present for more days than not for a six-month period, and the patient must not meet criteria for another anxiety disorder. Worrying is associated with at least three of the following:

a) Restlessness or feeling keyed up or on edge.

b) Easy fatigability, difficulty concentrating or mind going blank.

c) Irritability, muscle tension, and sleep disturbance.  

2. The Phobia

The word phobia is taken from Greek “phobos” means ‘fear.’ The concept of fear and anxiety are related to each other; fear is an anxious feeling and agitation as responses toward a threat. And phobia disorder is a persistence fear toward object or situation and the fear is not proportional with its threat. The individual who suffer phobia doesn’t lose contact with reality (external world); most of them know that their fear is too much and uncommon. And the unique thing about phobia is not about fear toward extraordinary things but is about common things in daily life. Individuals who suffer phobia fear something that people think it doesn’t have to be worried. There are three kinds of phobia; they are specific phobia, social phobia, and agoraphobia.

a) Specific phobias is an excessive fear and persistent toward an object or specific situation, such as fear about highest places(acrophobia),


30 Ibid. p. 134.
fear about lock up places (claustrophobia), or fear toward small creatures likes rat or snake or another disgusting creatures.

b) Social phobias is an excessive fear toward negative evaluation from others people.

c) Agoraphobias came from Greek means “fear toward marketplaces” that suggestive to the fear in the middle wide and crowded places.

3. The Panic Disorder

Panic disorder: Sudden and inexplicable panic attacks; symptoms include difficult breathing, heart palpitations, dizziness, trembling, terror, and feelings of impending doom. Panic disorder is an anxiety disorder characterized by recurring severe panic attacks. It may also include significant behavioral change lasting at least a month and of ongoing worry about the implications or concern about having other attacks.31

Panic attacks usually produce a sense of unreality, a fear of impending doom, or a fear of losing control. Panic attacks can occur at any time, even during sleep. An attack usually peaks within 10 minutes, but some symptoms may last much longer. People having panic attacks can’t predict when or where an attack will occur, and between episodes many worry intensely and dread the next attack.32


Panic disorder usually started in the end of teenager until middle of 30th, and women are having double possibility to suffer panic attack. It will consider as a panic attack at least, it is include four of the symptom above.

4. **The Obsessive-Compulsive Disorder**

Obsession is an intrusive thought, idea, or impulse that is happened repeatedly and makes individual cannot control it, obsession could be strong and persistence so that disturbs individual’s life and creates a significant distress and anxiety. It also contains of hesitation, impulse, and mental description. In the other hand, compulsion is a repetitive act that individual feels needs to do.³³

Compulsion is appear as the effect of obsessive thought and it could harm individual’s life and also create a significant distress and anxiety. Individuals with OCD cannot deny their obsession thought so that they keep doing compulsion until their compulsion turn into something like ritual which makes them feel sorry if they don’t do it.³⁴

5. **The Post-traumatic Stress Disorder**

Post-traumatic stress disorder (PTSD) is a maladaptive reaction toward traumatic experience. PTSD usually happens few month or years after traumatic event had happened.³⁵ Most of the traumatic experience is about someone’s death, something very threatening, accident, or a serious physical injury. There are some characteristic of PTSD; they are re-experience of the traumatic experience,

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avoiding any indication or stimulus associated with traumatic experience, insensible response generally or emotionally, stimulated easily, and emotional distress.\footnote{Ibid. p. 174}

Whatever the source of the PTSD problem, some of people with this illness may repeatedly relive in their nightmares and disturbing memories during the day, or they may also have sleep problem, depression, feeling detached or numb and being easily startled.\footnote{Anxiety disorder, NAMI (Arizona’s voice of mental illness)2007, \textit{op.cit.} p. 2.} It is different with usually stress in general, if it doesn’t have a good care and an intent treatment, it will disturb individual function and even it may cause someone to become a psychopath.\footnote{Sondang Irene E. Sidabutar, et al., \textit{Pemulihan Psikososial Berbasis Komunitas}, ed. Kristi Poerwadani (Jakarta: Kontras dan Yayasan PULIH, 2003), p. 22.}

On \textit{Psikologi Abnormal} written by Jeffry S. Nevid and Friends (2005, p.176) said that PTSD in acute condition, the individual feel the effect of traumatic experience in any ways; it could be like intrusive memories, repeated nightmares, or feeling that the traumatic event was happening again (Flash-back). Flashbacks may consist of images, sounds, smells, or feelings, and are often triggered by ordinary occurrences, such as a door slamming or a car backfiring on the street. A person having a flashback may lose touch with reality and believe that the traumatic incident is happening all over again.\footnote{U.S. Department of Health And Human Services, \textit{Op.cit.} p.8.}
CHAPTER III

RESEARCH FINDING

A. Data Description

In this chapter the writer applies psychoanalysis theory to analyze and describe the phenomenon that the main character having during his life in the film through the dialogues and scene. And in this case the writer assumes that the main character suffers the anxiety disorder problem.

The writer made a table of data description below in order to simplify the explanation of analysis in the writer research finding

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<th>No.</th>
<th>Anxiety Disorder</th>
<th>Details</th>
<th>Corpuses</th>
<th>Time-line</th>
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<td>1</td>
<td>Generalized Anxiety Disorder</td>
<td>Mort Rainey afraid toward his divorce process.</td>
<td>“Mort Rainey: This is not my beautiful house, this not my beautiful wife, anymore…”</td>
<td>(00:30:35-00:30:46)</td>
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<td></td>
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<td>Mort Rainey afraid about the John Shooter manuscript will ruin his career. And have a nightmare after receive manuscript.</td>
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<th></th>
<th>Phobia</th>
<th>Mort Rainey afraid toward John Shooter’s hat</th>
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<td>2</td>
<td>And he felt to be watched all the time by Mr. Shooter</td>
<td>“Mort Rainey: Yeah, well, I don’t exactly feel safe...that if it’s just proof that want, fine. I show him the magazine, but I think maybe you should be with me when I show it to him. &quot;The bodyguard: No shit, I’m gonna be with you, you’ll see the black Cadillac in the driveway tonight when you get home. Don’t freak out, it’s me keep an eye on things.”</td>
<td>(00:56:30-00:56:36)</td>
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<td>3</td>
<td>Panic</td>
<td>Mort Rainey had a panic attack when he find the bodies of her friend and Tom Greenleaf in the car.</td>
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| 4 | Obsessive-Compulsive Disorder | Mort Rainey obsesses to find out who is John Shooter really is? “Mort Rainey: So, what I’ve got is detailed descriptions of him and his car. You know, I didn’t get the license plate number…but I’m sure it had a Mississippi tags, and I thinks it started with an A. That’s what I see in my mind…anyway, anything you can find out about this guy, I’d appreciate it.” “Sheriff: I must cut quite an intimidating law-enforcement figure, huh? “Mort Rainey: I’d like to know what I’m dealing with. Maybe he has a violent history?”

He also has his own compulsion about and one of it is. He was his hand after throwing Shooter manuscript away, as if he is cleaning of the false accuse upon him. |
Post-Traumatic Stress Disorder

Mort Rainey always have hallucination about his wife affair when it is have an association toward the tragedy

When Ken names the motel he stayed (00:33:30-00:33:35)

B. Mort Rainey’s Character Analysis

In the film of Secret Window, the character of Mort Rainey can change the mood of the story by all his intrigues and his interaction with other characters or circumstances. Since the writer assumes that the character of Mort Rainey is the central character that affects the story, hence the writer will further analyze the character of Mort Rainey and his intrigues and dilemmas through the appearance especially make-up and costume, the dialogue, the external action, the internal
action that can be seen by technique of the shot, and the reaction to other characters.

In the beginning of the film, Koepp introduces Mort Rainey character by framing a guy’s tortured frozen face wet with tears sits in the driver’s seat of his car (see this picture below).

![Image of Mort Rainey character](image1)

**Figure:** The first introduction to Mort Rainey character (00:00:33 – 00:00:37)

And after the scene of the affair’s the filmmaker show the camera shoot mort Rainey’s cabin from the outside till the inside of the cabin. (See the script and the picture below about his study room)

“Inside the house, we’re in a study, the room with the best view, its walls lined with books and bond periodicals. The desk is piled high with crap; this guy’s not a filer. There is computer on the desk, some words on the screen...” *(Script p.3)*

1. ![Image of Mort Rainey's study room](image2)
2. ![Image of Mort Rainey's study room](image3)
Figure: (picture 1-4) the first introduction to the Mort Rainey’s house before the story begins, gives the clue about the owner. (0:03:34 – 0:04:01)

The film maker tries to describe the setting in the first place that the man lives here is **an educated man** because his study’s room filed with books and the computer that has an unfinished sentence in the screen.

And the First time Koepp shows Mort Rainey appearance of a whole body is six month after the tragedy of his wife affairs. When he was sleeping in his living room on the sofa and has possibly been wearing the same ratty bathrobe for months with a messy hairstyle from the appearance, the writer assume that he is kind of **a desperate man**. It has a purpose to create focus point of the spectators in order to watch Mort Rainey image clearly. The figure shows that his appearance such as messy hairstyle and costume proves to whom who lose someone that took care of him and become **careless or not pay attention to appearance** (see the picture below)
He has no future oriented. He spends a lot of time sleeping, from the beginning of the story till near the end of it; the writer always find Mort Rainey sleeping whether he is in the living room or in the car. Mort Rainey is a successful writer, who is suffering from writer's block and has retreated to an isolated lakeside cabin. He is simply a man, trying to struggle through life and trying to return his focus to his writing.

He is a loner (solitary) and pleased without any ones around him. He is alert all the time and sometime he has flashback or hallucination toward his traumatic even, he feeling numb and hardly connects to the reality life or his social life. This kind of symptom will affect his character as he was a part of social individual and this matter effects his personal personalities (characterization) to the others become a dull, he cannot accept anyone again appears in his life even though his own maid that always keep his house clean. The writer assumes the moving of Mort Rainey to the lake cabin in order to avoid the interaction to the others.
He avoids the outside world because of his wife affair, he cannot trust people anymore. He rather hires an ex-policeman to become his bodyguard (Ken) than blending with society and become part of it. Several times he tries to expose it; like when he commands his dog to bite his own maid. See the dialog below when Mort Rainey feel disturbed by his maid and ask his dog to bite her.

“Mort Rainey: if you don’t go bit her, I’ll kill her...!” (00:08:46), the dialog just one of the proof that he doesn’t want anybody in his life, he is unconsciously expresses it toward the people near by him. These are the basic character of Mort Rainey that the author wants us to acknowledge before the story continues. Next the writer would like to specify the discussion and divided into two categories; as we know that character development are based on the character conflict (problem) and his interaction with others character.

His personalities become closed to his close one (Amy), he could not believe any other people except himself, and because of this matter he becomes closed to make a new relationship. He always talks to himself rather than accept suggestion from other people. (see the picture below)

1. Figure: He talks to himself when he got confused (01:17:23).

From the picture and the dialogue above he is a selfish character, even though it is hardly for him to make a decision, he almost leave and lets the affair
the way it is, but in the end after his inner voice or his ego talk through his
consciousness and persuading him to come and red handed his wife affairs. There
is a conflict in his mind, see this caption from his Secret Window’s novel below

“A woman who would steal your love when your love was all you had,
wasn’t much of a woman that at least was Tommy Havelock opinion.
He decided to kill her…” (From his early story)

That sentence that he wrote before the affair, and after the affair he is try to write
another story that he can’t finish the sentence, see the caption below

“Four day after George has confirmed to his own satisfaction that his
wife was cheating on him, he confronted her. “I have to talk to you
Abby,” he said. “I…” (00:08:57 – 00:09:01)

Mort Rainey is a writer and as one of it, we know that a writer writes his
story based on what in his mind or idea he had at that moment. If we analyze the
two captions above the first caption is his thought about if a woman did an affair
(he decided to kill her) and the second caption is what he really think when the
story actually happened (he could not do anything about it) this internal action of
Mort Rainey. This conflict he has at the affair, as the story goes on he actually
decided to leave and could not do anything. This conflict leave trace in his mind
believing that he is failed protecting his married; it was a shameful thing for him
to face the society within this affair. So that he become more sensitive if someone
talk about it, as if he is in a position of being pity by others. In order to avoid
feeling this way, he locked him self alone somewhere remote so that few people
would comment about his life. He soon become **uncommunicative**; take a look at this dialog below

> "Mrs. Garvin: Mr. Rainey, I just want to say…
>
> Mort Rainey: (no, please don’t) Oh…
>
> Mrs. Garvin: Some women don’t know a good thing when they get it. Some women don’t know they got the whole world when it’s right in the front of their nose. There, that’s it, not another word from me. Would you like me to make you something to eat?
>
> Mort Rainey: No, I ate. Well, earlier. I’m going to eat later. And I’ll make it myself. (00:13:58 – 00:14:27)

Form the dialog above the writer assume that he tried to avoid any conversation even though he haven’t know what the others would like to say. This mind conflict lives in his mind for six months and it becomes a new problem when he feels sorry about it.

When Mort Rainey has a daydream as if he would fall from the sofa he nicely sleep into a cliff. It is proves that in his mind Mort Rainey feel worry and makes him **paranoia** about the existence of John Shooter. Further more to avoid the problem and to solve it’s the best way to know who John Shooter really is, he try to find out weather he stole the John Shooter’s story or not by opening his old story that the guy accused him for. Soon after that, to avoid a further conflict he personally talk to John Shooter as a gentleman that he falsely accused mort Rainey as a plagiarism. He was an **independent man** character when he decided to finish the problem in his married and the plagiarism’s accused.
Mort is a man with **double personalities**, sometime he becomes Mort Rainey and the other time is John Shooter. In his unconsciousness mind in John Shooter appearance, he burns his own house in order to avoid someone else has its, take a look a picture below

1. ![Image 1](image1.png)
2. ![Image 2](image2.png)
3. ![Image 3](image3.png)

*Figure:* He was the one who burn down his own house, (picture 2) wearing john shooter hat his unconscious mind impersonate John Shooter (1:19:18 - 1:19:26)

But in the end the anxious and curiosity lead him obsessed toward the Shooter guy, and become John Shooter him self. And the time he become John Shooter his personality changes, he consciously murder his wife and her boyfriend. This point Mort Rainey becomes the antagonist and no longer the victim of his life tragedy.

According to the analysis above, the writer can conclude the affection of anxiety disorder toward Mort Rainey’s character that he is careless or not pay
attention too appearance, no future oriented, loner, selfish, uncommunicative, paranoia, and double personalities and also since there the changing of his character from Mort Rainey into the John Shooter, it is makes him as a round character.

C. Anxiety Disorder Analysis of Mort Rainey

The table above showed us that anxiety disorder does not just appear in one kind exclusively, so that’s why individuals could suffer more than one diagnostic of anxiety disorder. And from the table data the writer tried to describe more specific later in this discussion.

Mort Rainey anxiety disorder symptoms first appear in the film when he reads John Shooter story for the first time at the kitchen and suddenly he is surprise and panic, how come the writing is exactly the same as his, no wonder that John shooter accused him for the plagiarism. The different between his and john writing is just at the title, and after the a little investigate he remember that this writing of his was made when his wife found the secret window behind the drawer. And this matter made him a little obsess toward john shooter really is?

From the discussion above we can assume something that the writing of john shooter is the trigger of his anxiety or his unconscious mind and drive him worry all the time. And this story is about the crime of a husband that kills his own wife reflected to what is Mort Rainey unconscious mind wanted to do after the affair occurred. And based on the table above also, the writer would like to discuss the further analysis above Mort Rainey anxiety disorder.

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40 Jeffrey S.Neid and friends. Opcit.p.165
1. The Generalized Anxiety Disorder

He has suffered a *Generalized Anxiety Disorder* after the he reads John Shooter’s writing and also after he witnesses the affair by his wife. It is because someone with generalized anxiety disorder feels anxious most of the time. They are worry excessively about routine events or circumstances in their lives. Their worries often relate to finances, family, personal health, and relationships with others.

In this film he feels anxious and worries irrationally and cannot concentrate in his work. John Shooter writing makes him anxious about his carrier because the writing will makes a bad name to him, although he surely know that he was never cheat in his secret window story of his.

And the affair makes him upset because he will lost his marriage, house and the happiness in his life. “This is not my beautiful house, this not my beautiful wife, anymore…” (00:30:35-00:30:46). And after that talking with the two of them (Amy and Shooter) whom they were the factor of his anxious feeling in the same day, Mort Rainey feel very oppressed and unpleasant, its even disturbing his sleep and come out in his dream as a nightmare. In his nightmare, as if he is falling from his comfortable sofa to a cliff where a lot of high tides waiting for him at the bottom (see the picture below).
Figure: (Picture 1) he is sleep nicely, (picture 2 and 3) he felt off to the cliff from his sofa in his dream (00:23:05 - 00:23:09)

From the picture above, we can see that the film maker seems try to describe the character anxious feeling through Mort’s dream, as one of the symptom from the generalized anxiety disorder (disturbance in sleep). The image tells us that Mort Rainey going to fall from his comfortable life.

Usually people with generalized anxiety disorder often find that their worries interfere with their ability to function at work or concentrate on tasks. Physical symptoms, such as disturbed sleep, irritability, muscle aches, and tension, restlessness or feeling keyed up or on edge and being easily fatigued may
accompany the anxiety. It may become or called as the generalized anxiety disorder, it is at least associated three (or more) of the six symptom above.

Mort Rainey GND (the generalized anxiety disorder) first symptom is difficult to concentrate. Six month after the event, he lost his creativity on his work as a writer not singles of word cans he write in his new coming story, he stuck with a paragraph in his computer and hardly concentrate on his next word after this sentence “I have to talk to you, Abby,” he said. “I… he lost his creativity on his writing and he even ask his dog. Take a look at this situation below.

Bump put his head back down. Mort looks back at the computer screen. Still that same unfinished sentence

*Mort Rainey: I’m open to the ideas, here*

Mort looks back up at the clock. Its 10:27, time flies. Downstairs, the vacuum cleaner shuts off. Struck by inspiration mort highlight the mini paragraph he has written and delete it. Now the whole screen is blank. He looks back at the bump. And said; “I think that solve it?”

*(00:08:35 – 00:09:25)*

From the event above we notices that he is hardly concentrate to his work and complain “why do I have to do all this work?” as a successful writer he may have an assistant to type all those word, but he ends up typing it all by himself and even a little noise from a shuts off vacuum cleaner can disturb his concentration. The second symptom he has a disturbance in sleep, he always has a nightmare.

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take a look at the picture above that shows one of his nightmare where he was about to fall from his comfortable sofa to a cliff. It is like the director wants to show us what Mort thinking about his recent life, from a successful writer became a lonely hopeless man wearing the same old coat and live away from his family and society.

The last one is mort Rainey being easily fatigued, he is always like tired after doing a job, he spent his entire time sleeping in his sofa. We can see from this situation after meets John Shooter and throw away the left over manuscript and form the kitchen he rush away to his sofa and as if its gravity is three times that of the planet. It is pull him right down into its deepest recesses, his face buries in the pillow. See the picture below.

1. 2.

*Figure:* He is always look tired after doing a job even though it is a simple one (00:14:49 – 00:14:51)
2. The Phobia

According to anxiety disorder, Mort Rainey has another anxiety problem called Phobia. A phobia is an excessive, enduring fear of clearly defined objects or situations that interferes with a person’s normal functioning. Although they know their fear is irrational, people with phobias always try to avoid the source of their fear. Mort Rainey afraid toward John Shooter hat, he seems almost afraid to touch it. After the dead of his dog and another serial killing by John Shooter, also the uncomfortable air surrounds him because of John Shooter threat. He afraid to touch even a single harmless hat, as if the hat can also does such a cruel thing like his owner (see the pictures).

![Image 1](image1.png)

![Image 2](image2.png)

![Image 3](image3.png)

Figure: Mort Rainey fear toward John Shooter’s hat, (picture 2 and 3) he avoid to touch the hat directly (00:56:30-00:56:36)

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From the picture above we can assume that Mort Rainey a specific phobia, regarding his fear toward John shooter hat, because the one who suffer specific phobia will avoid to directly contact to his stressor.

Rainey also afraid being lonely now, he almost aware all the time, even thought John already said that he will not kill Rainey, he feel like being watch all the time.

“Mort Rainey: Yeah, well, I don’t exactly feel safe...that if it’s just proof that want, fine. I show him the magazine, but I think maybe you should be with me when I show it to him.

“Ken: No shit, I’m gonna be with you, you’ll see the black Cadillac in the driveway tonight when you get home. Don’t freak out, it’s me keep an eye on things.”(00:28:34-00:29:49)

From the dialogue above we know that Mort Rainey was afraid being alone, even though he is living at the lake cabin by himself, “don’t freak out. It’s me keep an eye on things.” This text is the proof that this is not the first time Mort Rainey feels this way. Just like the others phobia the one who suffer this kind of anxiety will avoid the stressors that can make him anxious or afraid, in order to avoid the unpleasant feeling, he hire this bodyguard.

And he also feeling it when he is trying to meet kirsch at the groceries store, he seems like afraid after he is entering the store, where suddenly all the eyes watching at him and he says “sorry”. He says sorry for not doing anything bad take a look at these pictures and situation below.
Figure: Mort Rainey is afraid being in the middle of people in the cafeteria, (picture 3) he looks away when people pay attention to him(picture 1 and 2) (00:56:53 - 00:56:57)

3. The Panic Disorder

He had a *panic disorder* problem, we can see this event when he read John Shooter story for the first time, and also when he find Mr. Green and his bodyguard bodies near his lake cabin. He breathless and cannot do anything about the corpse and suddenly fainted to the ground and lost his consciousness, the panic disorder is a series of fear attack and usually peaks within 10 minutes (see the description below).

- Terror and Feelings of impending doom
Figure: (picture 1) he runs all the way from his house, (picture 2 and 3) he sense a bad feeling about after the shooter’s call (01:01:29 – 01:01:37).

Soon after he has a call from John Shooter that he wants to meet Mort at the lake side, he suddenly has a bad feeling about it, from the picture we can see that he is like breathing hard, sweating and stumbling. He must have run all the way from his house.

- **Dizziness and Trembling**

  ![](image1)
  ![](image2)
  ![](image3)

  *Figure:* he felt dizzy (picture 1, 2 and 3) after seeing the bodies (01:02:20 – 01:02:24).

From the picture above we can see that he became dizzy and trembling and even he feels loathing and ready to empty his stomach from seeing the body of Tom and Ken.
Difficult breathing, heart palpitations and lost consciousness

Figure: the series of the peaks of Mort Rainey panic from picture 1 – 4. (01:02:28 – 01:02:42).

From the Picture above we can see a series of panic attack and the peak of the attack is he lost his consciousness. This attack arose by the stimulus of a worry after John Shooter’s call, and the message of the call doesn’t even mention about Tom and Ken will be at their meeting places (see the dialog below).

*Mort Rainey: Yeah?*

*John Shooter: Go to where we met the other day. Walk down the path a little way*

*Mort Rainey: Why?*

*John Shooter: you impress me as a man who thinks the way the old folks chew their food, Mr. Rainey, but I’m willing to give you all the time you need. I’ll catch up with you this afternoon. Anybody you call between now and then is your responsibility.*

(01:01:08 – 01:01:20)
The last whispers of Mort Rainey is the prove of his anxiousness, he feels worry about the out coming of the call even thought John Shooter didn’t say what have he done. He feels the terror of the call, the anxious feeling of Mort Rainey are the fuel of the panic attack, the more anxious the person, it will become the more intense the panic will be.

4. The Obsessive-Compulsive Disorder

A mysterious man name John Shooter comes at the front door and suddenly accused him for a plagiarism, by showing his story manuscript. And these man is insisted him to remake the ending of the story by anyway he can; these vaguely threatening incidents send Mort Rainey into paranoia after the man kills Mort Rainey’s dog to show his seriousness. And then he hired an ex-police as his bodyguard (Ken), after the dog killing and he believe that John always stalks at him all the time. And he tries to find out that John Shooter is, he ask the local sheriff to figure it out (see the dialog below).

“Mort Rainey: So, what I’ve got is detailed descriptions of him and his car. You know, I didn’t get the license plate number…but I’m sure it had a Mississippi tags, and I thinks it started with an A. That’s what I see in my mind...anyway, anything you can find out about this guy, I’d appreciate it.”

“Sheriff : I must cut quite an intimidating law-enforcement figure, huh?”
“Mort Rainey: I’d like to know what I’m dealing with. Maybe he has a violent history.” (00:26:15-00:26:45)

He was obsessed by this man and his story that always came to his mind soon after he read it in the kitchen and found out that his story was very similar in every ways except for the title, from then he was growing increasingly distracted and alienated, Mort Rainey forgets everything even the divorcing process. Although he is assures about his own story and never do any plagiarism, he still confuses about the mysterious man and how come he had the same story as him. He tries to confirm to his wife about the story and ask him to search for the magazine that published it with his name on it. Soon after his house was burning by someone he is become more concern about the existence of John shooter, he also has an assumption that John is hired by Ted (his wife boyfriend). See the dialog below.

Ken: I’m revising my opinion. Mort. I don’t think Shooter’s just some nut. We need to consider the possibility that he was hire to do this, somebody whit grudge against you hires tough guy to rattle you...scare to death, but he hires the wrong guy. Thing get out control, they go further than they're supposed to, dead dog, burnt-down the house... Now he can’t call him off.

Mort Rainey: Ted

Ken: who?

Mort Rainey: Ted, Amy’s Ted. The Ted that Amy left me for. (00:52:30-00:53:06)

From the text about the writer assume, how he was so curious about Shooter and obsessed about it. He also has his own compulsion about and one of it
is. He washes his hand after throwing Shooter manuscript away, as if he is cleaning of the false accuse upon him (see the picture below),

1. 

2. 

3. 

**Figure:** Picture 1 and 2 shows the repetition act and picture 3 is the compulsion, he washed his hand after that (00:07:42-00:07:49)

From the picture above we can assume that in his mind unconsciously obsess to Mr. Shooter in the first place, he is throw the manuscript twice without any hesitation and after that he washes his hand as a compulsion to his obsession and after that he always check on his window and door to make sure it is close and lock. It is because, the compulsion is a repetitive act that individual feels need to do and compulsion is appear as the effect of obsessive thought and it could harm individual’s life and also create a significant distress and anxiety.\(^{43}\)

5. The PTSD (post traumatic stress disorder)

And the last Mort Rainey also has other anxiety disorder symptom like post traumatic disorder. It is a reaction toward traumatic experiences. PTSD possibly happens few month or years after traumatic event had happened. And in Rainey’s case, he suffers PTSD after six month the affair occurring and running away from traumatic experiences that he commits. He suffered PTSD (post traumatic stress disorder) this symptom appear frequently on the film, such as he always having a flashback of a certain imagery and feeling that he was personally didn’t know about it for sure. He has flashback imagery when he finds that his bodyguard stays at the same motel as the affair occurred (see the dialogue and picture below).

“Mort Rainey: Hey. You know what? Are staying in town tonight?

Ken: Yeah, some motel out by Route 9. Irv’s Lakesider, You know the place? (Flashback)
**Figure:** from the picture 1 – 3 is the series of the moment he is having a flashback (picture 2) about the night of the tragedy

*Mort Rainey: Yeah, I know the place. Okay “(00:33:25-00:33:36)*

From the dialog and the scene above, we can assume that even a single word that related to the affairs can trigger him to remember the event when he furious to take action on that event. The flashbacks are the scenes that the director gives the characterization of Mort Rainey through his internal actions by giving unusually sensitive reactions toward the memories that he repressed.

The person who experienced, witnessed, or was confronted with an event or event actual threatened death or serious injury or threat to the physical integrity of himself or herself or others in other word we call it trauma and usually they will avoid stimuli associated with the trauma and numbing of general responsiveness there are several indication but in Mort Rainey’s case the indication are as the list below,

- Effort to avoid thoughts, feeling, or conversation associated with the trauma

“Mrs. Garvin: Mr. Rainey, there’s something I want to say…

*Mort Rainey: (no, please don’t) Oh…*

*Mrs. Garvin: Some women don’t know a good thing when they get it. Some women don’t know they got the whole world when it’s right in the front of their nose. There, that’s it, not another word from me. Would you like me to make you something to eat?*
Mort Rainey: No, I ate. Well, earlier. I’m going to eat later. And I’ll make it myself. (00:13:58 – 00:14:27)

From the dialogue above we know that Mort Rainey is trying to end the conversation and avoid the further dialogue about his wife.

- Inability to recall an important aspect of the trauma

The important part of his trauma is; he is trying to shoot her wife at the night when he red handed the affair (see the picture below),

1.  

![Figure: He tried to shoot his wife at the night of tragedy (Picture 1), he remember the after six month he forgot (picture 3). (01:24:06 – 01:24:10)](image)

- Feeling of detachment or estrangement from others

He lives in the small cabin far away from society (see the picture below), (00:02:49 – 00:02:57).
1. Figure: Mort Rainey’s cabin almost in the middle of the jungle, and there is no neighbors.

- Sense of foreshortened future (e.g. does not expect to have a career, marriage, children, or normal life span)

He spends most of his time sleeping in his sofa for the last six month, wearing the same coat.
CHAPTER IV

CONCLUSION AND SUGGESTIONS

A. Conclusion

The writer analyzes the main character of the film Secret Window to understand what the psychological problem that Mort Rainey suffered as the main character. Mort Rainey experiences an affair from his wife. It makes him anxious and cannot do anything about it; he repressed his emotion and places the uneasy feeling somewhere in his unconsciousness mind for a half years, live alone in a cabin lake far away from society.

After being depressed for a long time he tried to get back on his feet once again and struggled to write another story, he thinking so hard alone without anyone except his dog (Chico) and his mind. When he became weaker during the time the repressed emotion was trying to penetrate his consciousness and so unconsciously his mind deceive him, it creates fantasy character (John Shooter) that makes his life become more difficult. This character is a representation of his emotion when he red handed his wife affair and made him feeling anxious all the time.

Mort Rainey’s psychological problem first is post traumatic stress disorder, he always remember about his wife affair even when he sleep, he also experience visual hallucination form his ego to make Mort Rainey doing what he cannot do that night to his conscious again and makes his wife get a punishment. Second he suffer social phobia because he cannot trust anyone again except
himself after being betrayed by his own wife and afraid about the other thought about what he did, he also has specific phobia toward john shooter belonging. Third is obsessive compulsive disorder, he is obsesses toward who is John Shooter. Fourth are generalized anxiety disorder he anxious about his happy life soon will be gone, no beautiful house and wife anymore. And the last one is panic disorder his conscious mind become fragile and easily to became panic.

Those Mort Rainey anxiety disorder impulses are described by characterization through dialogue, visual appearance and action. In describing Mort Rainey’s anxiety disorder by the method above, the writer reveals how Mort Rainey suffer the painful experience toward his wife that started with the post traumatic stress about his wife affair and leads him to suffer the others anxiety disorder and become a complex character.

B. Suggestion

This film is interesting to analyze, because it is contain about problem that everyone in this life can also occur in everyone else life and this film also based on the infamous novel that has the same title “Secret Window”. And due to the main character unusual action in this film, the writer decided to analyze the main character using psychological approach.

In analyzing this film the writer uses anxiety theory of psychoanalysis to analyze the phenomenon that the main character has due to his action in the film. And in the end the writer found out that the story in this film is about his post traumatic stress that leads him to suffer the others anxiety disorder as the side
effect. Hopefully this research would motivate the reader in order to conduct the similar research that analyzes character using psychological approaching.
BIBLIOGRAPHY


Synopsis

CHAPTER I
INTRODUCTION

A. Background of the Study

Film is a development of Modern Theater which is visualized and presented to fulfill our imagination about the human itself. In these recent days, motion picture or movie become more effective to catch everyone eyes, because it’s simple and easily to monopolize with our family or friends. Furthermore, the increasing of the technology nowadays made more possible for us to visualize our imaginations about the untouchable world, and even our wildest imagination’s about how possibly is the afterlife.

There are so many concepts and theories which is used by the researcher and novel critics, drama and the other form of literary works including film; to analyze the character. One of them is Psychological Theory. Usually this theory is well-used in many studies about the character or the author; by watching on every events occurred in the movie due to the psychic character and the plot development.

B. Focus of the Study

The writer is going to analyze the character of Mort Rainey from a movie entitled “Secret Window” based on a psychological point of view. The research will use Anxiety Disorder Theory as an intrinsic element of the movie.
C. Research Question

Based on the focus of the study above, the researcher formulates the research questions as following:

1. How Mort Rainey character is depicted in the film?

2. How is Mort Rainey character based on the anxiety disorder theory?

D. The Objective of the Research

The objective of the research in this thesis is to get the description of Mort Rainey’s character in the movie “Secret Window” based on the Anxiety Theory and in order to find out how Anxiety Disorder affects Mort Rainey’s character in the movies.

E. Significance of the Study

The result of this research is expected to give new information in understanding the movie as one of literary work. Especially the reader of literary works, so that they can understand the character using the Anxiety Disorder Theory in another movie, and hopefully this research can provide new information in the study of literary work so it will become more rich in the future day.

F. Research methodology

1. Method of the Research

Based on the question and the purpose of the research, then the writer decided to use the qualitative method with descriptive analysis method in analyze
the film; the writer would like to find the data analysis with anxiety disorder concept; so it would get the result by data analysis and the concept. The research used verbal (such as dialogue) and other nonnumeric data (such as scene caption) as the basic analysis and in solving the problem those are studied.

2. Technique of Data Analysis

In this research, the writer used film to catch visual view, dialectical analytic technique study and analyze qualitatively data that is collected from variety of source based on the study of Anxiety Disorder Theory that uses main character analysis based on research to get relation between these analyses with literary work.

3. The Unit of Analysis

The unit of analysis is Secret Window film. The film is produced by Sony Pictures Entertainment, written by David Koepp, Stephen King who’s this film was based on his novel in the same title as the film and also directed by David Koepp itself. This film released in March 12, 2004 and actor by Johnny Depp as Mort Rainey and released in DVD on April 13, 2007 in Indonesia.
CHAPTER II

THEORETICAL FRAMEWORK

A. Character and Characterization in the Film

Character is one of very important intrinsic elements in a literary work or a film. In every story—whether it is in the literary work or in the film, a character may exist in a film by appearance, conversation, action, name and thoughts going in the head. A character can change the mood of a story by the intrigues that happen to the character or by the interaction between one character and another character.

There are major characters and minor character in the stories. The major character is divided into two categories; the protagonist and the opponent’s character is antagonist. The minor character is the character that usually supports player (a partner of either the hero or villain) or a catalyst. A catalyst character (also referred to as an agent for change) often does not participate directly in any of the action, but instead fulfills the role of inspiring the lead character to take up a cause or quest he might otherwise not have pursued (for example, Spider-Man’s kindly uncle who gets killed early in the story would fit this definition).

There are two types of a character; a flat character (also known as a type or a two-dimensional character) is defined by a single quality without much individualizing detail. A round character is a complex individual incapable of

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being easily defined and it is usually the major character. When we say that a character in a film was complicated or “complex” or “well developed,” we really mean that the character was a collection of several or varying traits.

The performance of the character is divided into two part; dynamic and static. The dynamic character is deeply affected by the action of the plot (internal, external or both). Therefore, the will undergo some important change such as the personality, the attitude, or the point of view of life as the result of the action in the story. On the other side the character which does not have significant changes in the story are called the static character.

Characterization just like writer has been said above, that character has certain trait following them called characterization. In order to enrich the character visually and emotionally that it may become livelier and acceptable in the audience mind, the characterization was placed to the character. There are many ways to know the characterization’s analysis in the film. The characterization can be understood through several ways:

1. Characterization through appearance

How the actor look and what kind of clothes he wear is the main aspect of the characterization. These aspects can be displayed with one of mise-en-scene. The techniques use to arrange everything in the film in order to makes meaningful frames or shot. The aspects of mise-en-scene are lighting, setting, color, costume

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and make-up and the behavior of figures. The writer would to use the costume and make-up aspect in the discussion because it is easily to identify and become one of characterization of the character that always appears or wear in the movies.

2. Characterization through dialogue

In the film, the characters expose themselves by what action and how they talk. The words choices, the tone, the stress of voices express their minds, attitudes and emotions virtually. Furthermore the used of grammar, structure of sentence, vocabulary, and certain dialect reveal social economy level of the character, educational background and the mental processes.\(^4\)

3. Characterization through external action

The characters in the film are instruments of establishing the plot. They have main purpose in the story therefore they will do everything to achieve it. These actions are called motives which reveal their personalities.\(^5\) It means that the personalities will decide how the character acts to gain their purposes.

4. Characterization through internal action

Internal action is the character’s mind and emotion that contain secrets, unspoken thoughts, daydreams, aspirations, memories, fears, and fantasies. All of them appear visually in the film.

5. Characterization through reactions of other characters.⁶

The characterization of the character can be observed by the point of view from others characters. Sometimes at the beginning of scene has already demonstrated information about the characterization.

B. Psychological Approach

Human beings are the creature which has a very complicated character, as Freud said in his lectures that “human being personality (character) deeper and complex (complicated)…”⁷ It became this way because they were equipped with mind and feelings, and these things was distinguish between mankind and any other creature on earth. Nowadays this treasure used in cinematography world, most of it presented human life as entertainment. Many kinds of character we can find in film, there are bad guys and good guys and also the character that always change as long as the film. It tried to visualize our life so that people may know what kind of character that they were having or to acknowledge them to vary kind of human character. Some of them used these fiction characters to improve their study or knowledge; they used many kind of theory to analyze these characters one of it was Psychological term.

The film maker and the France film critiquies produced many kind of theory and critics about the film in psychological terms. But according to Jacques Amount and Michel Marie, the study using this method could not always have a

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good result, it was because of many facts in the cinematograph have forgotten and it was just based on the knowledge about the Oedipus complex a Castration.

Finally Jacques Aumont divided the study of film/cinema into two group of study:

1. “Biopsichanalyses”, which “read” film as author creation (partial or overall) in order to diagnose the author as someone who has neurosis syndrome, or have mentally disorder.\(^8\)

2. “Lectures Psychanalytiques” film or the reading of the film psychoanalysis, the focus of its study is about a certain character on the film that was assumed has psychological disorder.

In this case the writer would like to use the Lectures Psychonalytiques in the study by assuming a certain character in the film has psychological disorder.

**C. Anxiety Disorder**

In the late 19th century the psychoanalysis study firstly established by a neurologist from Austria Sigmund Freud. In the first time, in order to understand the human personality the psychoanalysis was develop but in its development, the study became a method to find out the mental process of the unconsciousness through the psychotherapy. He was developing a few concepts and one of it was Anxiety. It is a psychological and physiological state characterized by cognitive, somatic, emotional, and behavioral components.\(^9\) All of these component

\(^8\) *Ibid.* p. 60.

combinations created an unpleasant feeling that is typically associated with uneasiness, fear, or worry.\textsuperscript{10}

It is considered to a normal reaction to the stress, as it’s said above that it is useful or help people to face on their problem and difficult situation at their everyday activities. But when it becomes excessive, it may fall under the classification of an anxiety disorder.\textsuperscript{11} This study will more focus the discussion about the theory of anxiety disorder.

Anxiety disorder is some kind of mental illness and it was said that this illness symptom appears after the one who had an anxiety problem cannot solve the fulfillment of his desires or they are two different desires that are contradictory each other and piled up in his unconscious mind being accumulated for several time, it may fall into anxiety disorder. This illness often related to biological makeup and life experiences of the individual, and they frequently run in families.\textsuperscript{12} There are several types of anxiety disorder, each with its own distinct features.

Anxiety Disorder was divided into five major types: \(^{13}\)

1. **The Generalized Anxiety Disorder**

   Generalized anxiety disorder (GAD) is an anxiety disorder that is characterized by excessive, uncontrollable and often irrational worry about everyday things that is disproportionate to the actual source of worry. \(^{14}\) People with generalized anxiety disorder feel anxious most of the time. They worry excessively about routine events or circumstances in their lives. Their worries often relate to finances, family, personal health, and relationships with others. Although they recognize their anxiety as irrational or out of proportion to actual events, they feel unable to control their worrying. For example, they may worry uncontrollably and intensely about money despite evidence that their financial situation is stable. According to DSM-IV, symptoms must be present for more days than not for a six-month period, and the patient must not meet criteria for another anxiety disorder. Worrying is associated with at least three of the following:

   a) Restlessness or feeling keyed up or on edge.

   b) Easy fatigability, difficulty concentrating or mind going blank.

   c) Irritability, muscle tension, and sleep disturbance. \(^{15}\)

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2. The Phobia

The word phobia is taken from Greek “phobos” means ‘fear.’ The concept of fear and anxiety are related to each other; fear is an anxious feeling and agitation as responses toward a threat. And phobia disorder is a persistence fear toward object or situation and the fear is not proportional with its threat.\textsuperscript{16} The individual who suffer phobia doesn’t lose contact with reality (external world); most of them know that their fear is too much and uncommon. And the unique thing about phobia is not about fear toward extraordinary things but is about common things in daily life. Individuals who suffer phobia fear something that people think it doesn’t have to be worried.\textsuperscript{17} There are three kinds of phobia; they are specific phobia, social phobia, and agoraphobia.

a) Specific phobias is an excessive fear and persistent toward an object or specific situation, such as fear about highest places (acrophobia), fear about lock up places (claustrophobia), or fear toward small creatures likes rat or snake or another disgusting creatures.

b) Social phobias is an excessive fear toward negative evaluation from others people.

c) Agoraphobias came from Greek means “fear toward marketplaces” that suggestive to the fear in the middle wide and crowded places.

\textsuperscript{17} Ibid. p. 134.
3. The Panic Disorder

Panic disorder: Sudden and inexplicable panic attacks; symptoms include difficult breathing, heart palpitations, dizziness, trembling, terror, and feelings of impending doom. Panic disorder is an anxiety disorder characterized by recurring severe panic attacks. It may also include significant behavioral change lasting at least a month and of ongoing worry about the implications or concern about having other attacks.¹⁸

Panic attacks usually produce a sense of unreality, a fear of impending doom, or a fear of losing control. Panic attacks can occur at any time, even during sleep. An attack usually peaks within 10 minutes, but some symptoms may last much longer. People having panic attacks can’t predict when or where an attack will occur, and between episodes many worry intensely and dread the next attack.¹⁹

4. The Obsessive-Compulsive Disorder

Obsession is an intrusive thought, idea, or impulse that is happened repeatedly and makes individual cannot control it, obsession could be strong and persistence so that disturbs individual’s life and creates a significant distress and


anxiety. It also contains of hesitation, impulse, and mental description. In the other hand, compulsion is a repetitive act that individual feels needs to do.\textsuperscript{20}

Compulsion is appear as the effect of obsessive thought and it could harm individual’s life and also create a significant distress and anxiety. Individuals with OCD cannot deny their obsession thought so that they keep doing compulsion until their compulsion turn into something like ritual which makes them feel sorry if they don’t do it.\textsuperscript{21}

5. The Post-traumatic Stress Disorder

Post-traumatic stress disorder (PTSD) is a maladaptive reaction toward traumatic experience. PTSD usually happens few month or years after traumatic event had happened.\textsuperscript{22} Most of the traumatic experience is about someone’s death, something very threatening, accident, or a serious physical injury. There are some characteristic of PTSD; they are re-experience of the traumatic experience, avoiding any indication or stimulus associated with traumatic experience, insensible response generally or emotionally, stimulated easily, and emotional distress.\textsuperscript{23}

On \textit{Psikologi Abnormal} written by Jeffry S. Nevid and Friends (2005, p.176) said that PTSD in acute condition, the individual feel the effect of traumatic experience in any ways; it could be like intrusive memories, repeated nightmares, or feeling that the traumatic event was happening again (Flash-back).

\textsuperscript{20} \textit{Ibid.} p. 17.
\textsuperscript{21} \textit{Ibid.} p. 23.
\textsuperscript{22} \textit{Ibid.} p. 174.
\textsuperscript{23} \textit{Ibid.} p. 174
Flashbacks may consist of images, sounds, smells, or feelings, and are often triggered by ordinary occurrences, such as a door slamming or a car backfiring on the street. A person having a flashback may lose touch with reality and believe that the traumatic incident is happening all over again.\textsuperscript{24}

CHAPTER III

CONCLUSION AND SUGGESTIONS

A. Conclusion

In this chapter the writer applies psychoanalysis theory to analyze and describe the phenomenon that the main character having during his life in the film through the dialogues and scene. And in this case the writer assumes that the main character suffers the anxiety disorder problem.

The writer made a table of data description below in order to simplify the explanation of analysis in the writer research finding.

<table>
<thead>
<tr>
<th>No.</th>
<th>Anxiety Disorder</th>
<th>Details</th>
<th>Corpuses</th>
<th>Time-line</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Generalized Anxiety Disorder</td>
<td>Mort Rainey afraid toward his divorce process.</td>
<td>“Mort Rainey: This is not my beautiful house, this not my beautiful wife, anymore…”</td>
<td>(00:30:35-00:30:46)</td>
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<tr>
<td></td>
<td></td>
<td>Mort Rainey afraid about the John Shooter manuscript will ruin his career. And have a nightmare after receive manuscript.</td>
<td></td>
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<tr>
<td></td>
<td>Phobia</td>
<td>Mort Rainey afraid toward John Shooter’s hat</td>
<td>(00:56:30-00:56:36)</td>
<td></td>
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<td>---</td>
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<td>-----------------------------------------------</td>
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</tr>
<tr>
<td>2</td>
<td>And he felt to be watched all the time by Mr. Shooter</td>
<td>“Mort Rainey: Yeah, well, I don’t exactly feel safe...that if it’s just proof that want, fine. I show him the magazine, but I think maybe you should be with me when I show it to him. “The bodyguard: No shit, I’m gonna be with you, you’ll see the black Cadillac in the driveway tonight when you get home. Don’t freak out, it’s me keep an eye on things.”</td>
<td>(00:28:34-00:29:49)</td>
<td></td>
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<tr>
<td></td>
<td>Panic</td>
<td>Mort Rainey had a panic attack when he find the bodies of her friend and Tom Greenleaf in the car</td>
<td>(01:02:24-01:02:25)</td>
<td></td>
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</tbody>
</table>
| # | Obsessive-Compulsive Disorder | Mort Rainey obsesses to find out who is John Shooter really is? | “Mort Rainey: So, what I’ve got is detailed descriptions of him and his car. You know, I didn’t get the license plate number...but I’m sure it had a Mississippi tags, and I thinks it started with an A. That’s what I see in my mind...anyway, anything you can find out about this guy, I’d appreciate it.”  
“Sheriff : I must cut quite an intimidating law-enforcement figure, huh?  
“Mort Rainey: I’d like to know what I’m dealing with. Maybe he has a violent history?” | (00:26:15-00:26:45) |
<table>
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<tr>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>He also has his own compulsion about and one of it is. He was his hand after throwing Shooter manuscript away, as if he is cleaning of the false accuse upon him.</td>
<td>(00:07:42-00:07:49)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Post-Traumatic Stress Disorder</td>
<td>Mort Rainey always have hallucination about his wife affair when it is have an association toward the tragedy</td>
<td>When Ken names the motel he stayed</td>
<td></td>
</tr>
<tr>
<td>---</td>
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<td>-------------------------------------------------------------------------------------------------</td>
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</tbody>
</table>

The writer analyzes the main character of the film Secret Window to understand what the psychological problem that Mort Rainey suffered as the main character. Mort Rainey experiences an affair from his wife. It makes him anxious and cannot do anything about it; he repressed his emotion and places the uneasy feeling somewhere in his unconsciousness mind for a half years, live alone in a cabin lake far away from society.

After being depressed for a long time he tried to get back on his feet once again and struggled to write another story, he thinking so hard alone without anyone except his dog (Chico) and his mind. When he became weaker during the time the repressed emotion was trying to penetrate his consciousness and so unconsciously his mind deceive him, it creates fantasy character (John Shooter) that makes his life become more difficult. This character is a representation of his
emotion when he red handed his wife affair and made him feeling anxious all the
time.

Mort Rainey’s psychological problem first is post traumatic stress
disorder, he always remember about his wife affair even when he sleep, he also
experience visual hallucination form his ego to make Mort Rainey doing what he
cannot do that night to his conscious again and makes his wife get a punishment.
Second he suffer social phobia because he cannot trust anyone again except
himself after being betrayed by his own wife and afraid about the other thought
about what he did, he also has specific phobia toward john shooter belonging.
Third is obsessive compulsive disorder, he is obsesses toward who is John
Shooter. Fourth are generalized anxiety disorder he anxious about his happy life
soon will be gone, no beautiful house and wife anymore. And the last one is panic
disorder his conscious mind become fragile and easily to became panic.

Those Mort Rainey anxiety disorder impulses are described by
characterization through dialogue, visual appearance and action. In describing
Mort Rainey’s anxiety disorder by the method above, the writer reveals how Mort
Rainey suffer the painful experience toward his wife that started with the post
traumatic stress about his wife affair and leads him to suffer the others anxiety
disorder and become a complex character.

B. Suggestion

This film is interesting to analyze, because it is contain about problem that
everyone in this life can also occur in everyone else life and this film also based
on the infamous novel that has the same title “Secret Window”. And due to the
main character unusual action in this film, the writer decided to analyze the main character using psychological approach.

In analyzing this film the writer uses anxiety theory of psychoanalysis to analyze the phenomenon that the main character has due to his action in the film. And in the end the writer found out that the story in this film is about his post traumatic stress that leads him to suffer the others anxiety disorder as the side effect. Hopefully this research would motivate the reader in order to conduct the similar research that analyzes character using psychological approaching.
Appendix A

Synopsis of The Secret Window Film

Successful writer Mort Rainey (Johnny Depp) has discovered that his wife Amy (Maria Bello) is having an affair with Ted Milner (Timothy Hutton). In the face of a divorce action from his wife, he retreats to his secluded cabin, living alone in the woods and suffering from writer's block.

Mort is confronted one day by the mysterious John Shooter (John Turturro) who accuses him of plagiarism and gives Mort a manuscript that he claims to have written. Although at first Mort regards Shooter as mentally ill and throws away the book, his housekeeper takes it out of the garbage, and Mort finds he cannot stop thinking about it. He finally reads it, and discovers that it is almost exactly alike, although with different names and sentence arrangements.

The movie follows Mort's struggles to prove conclusively to Shooter and to himself that he has not plagiarized the story. Shooter continually harasses Mort and later kills his dog, an Australian Cattle Dog named Chico. As the story progresses, Mort hires a private investigator (Charles S. Dutton) and asks the help of the local sheriff, who doesn't believe him. The investigator asks if there are any witnesses, and Mort remembers a local man saw them together. But Shooter then murders both the investigator and the man and leaves them in a car. Mort then pushes the car into a water-filled stone quarry, since he thinks the murders will be pinned on him. Shooter also burns down the house of Mort's soon-to-be ex-wife.
Mort is convinced that his wife's boyfriend Ted is the culprit responsible for the burning.

Mort eventually locates the magazine that proves he published Secret Window before Shooter wrote Sowing Season. He goes to the post office, where he gets the story. When he gets into his car, the sheriff approaches him with a smirk asking him if he could ask a few questions. Mort then leaves. But when Mort gets the magazine, he finds that the story has been cut out. Mort's inner voice tells him that since the magazine was sent to him in a sealed UPS package, Shooter could not have tampered with it. Prompting from his own conscience leads Mort to the realization that Shooter is not real, only a figment of Mort's imagination brought so vividly to life through undetected dissociative identity disorder to personify the dark side of Mort's personality and to commit acts that Mort himself feels he could not commit (murder and arson). Through his dialogue with his imagined counterpart, he begins to realize the truth: he has lost his grip on reality as insanity has started to set in. During this revelation, his concerned wife drives up to his cabin, finding the cabin vandalized and disheveled, with the word "Shooter" carved into the wood and painted on other surfaces. As she searches, she finds an almost empty bottle of Jack Daniels on a table and empty packs of Pall Mall cigarettes, presumably Shooter's favorites. Amy initially interprets the empty bottle as the reason for Mort's major shifts in personality over the past few months, mentally writing off his irritability to the alcohol. Mort finally reveals himself at the same moment that Amy sees a carving explaining that "shooter" actually means "shoot her". Mort, now wearing "Shooter's" hat,
attacks and chases her, eventually wounding her badly enough to keep her from running. Ted arrives and, hearing Amy's calls for help, walks into Mort's ambush. Amy, still horrified, can only watch as Mort murders Ted with a quick blow from the shovel. Reciting "shooter's ending" he moves in and kills her as well.

Afterwards, Mort changes profoundly—his writer's block is finally over, and his passion for life returns. The local sheriff stops by Mort's cabin to warn him against shopping in town any more and informs Mort that he knows what he did—though he lacks proof—and notices that Mort is cooking a fresh crop of corn from his backyard garden. As he promises Mort that he'll send him to prison when they find the bodies, Mort dismisses the statement nonchalantly, replying that "The ending is the most important part of the story. This one is very good. This one is perfect." It is then revealed to the audience that by growing and consuming corn from the garden where his wife and her lover are buried, Mort is destroying the evidence.